



HEALTHIER TEXAS SUMMIT

A COLLABORATION BETWEEN IT'S TIME TEXAS
AND THE UNIVERSITY OF TEXAS SYSTEM

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Texas Health
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Dr. Darla Absher, Director of Admissions, Austin Oaks Hospital: Dr. Absher is the Director of Admission at Austin Oaks Hospital. She is responsible for managing and directing the admissions processes, supervising the admissions staff, and maintain relationships with various professionals across the region. She is also a Licensed Professional Counselor with her own practice. She received her bachelor's in psychology, and master's in counseling and human services, from St. Edward's University. She graduated from Argosy University with a Doctor of Clinical Psychology.



Juan Aguilera, MD, MPH: Interdisciplinary Health Sciences PhD student at University of Texas at El Paso: Juan is currently a doctoral student in the Interdisciplinary Health Sciences PhD program at the University of Texas at El Paso (UTEP). He serves as the coordinator for the "Evidence-based Screenings for Obesity, Cardiorespiratory Disease, and Environmental Exposures in Low-income El Paso Households" research project where he applies his background in medicine and public health. He was awarded the Paso del Norte Health Foundation Fellowship and works with The Paso del Norte Institute for Healthy Living, his dissertation will focus on the effects of air pollution and asthma using carbon stable isotope ratios.



Kash Aleem, Physical Education Teacher: Kash Aleem attended the University of Texas and received his Bachelor's of Science Degree in Kinesiology. He has been teaching Physical Education for ten years. In 2014, he was a CATCH Champion for the state of Texas. His school in 2014-15 was recognized as a National Exemplary school for Physical Education from TAAHPERD. He has been nominated for Teacher of the year twice and most recently was inducted as a lifetime PTA member. Last year, he opened a new school this year named Maydell Jenks Elementary. He uses social media to have educators learn from him and so he can learn from others. It's a life changing tool and resource. He wants his students to be physically literate, accumulate health knowledge and learn the skills needed to be successful when they leave Elementary. He wants his students to feel confident when they go in the real world that they can try any sport/health related activity. Follow Kash Aleem on twitter @physedmanrising and facebook Jenks Physical Education.



Megan Alvarado, National Alliance on Mental Illness Austin: Megan Alvarado is a senior Health Promotion student at the University of Texas at Austin. When she graduates in December, she will focus on becoming a therapist with a specialization in the treatment of self-harm. She is the founding president of the National Alliance on Mental Illness On Campus Club at UT Austin. In her free time, Megan enjoys hanging out with family, singing, and volunteering for Crisis Text Line.



Dr. Tracy Angelocci, CMIO at Lone Star Circle of Care: Dr. Tracy Angelocci, an Internist and Pediatrician, has served for 6 years as the Chief Medical Information Officer (CMIO) for Lone Star Circle of Care, a Federally Qualified Health Center with more than 2 dozen clinic locations spanning 5 counties in central Texas. In her role as CMIO, Dr. Angelocci is responsible for supporting the development of clinical information systems that drive population health efforts, efficient and effective patient care, clinical outcomes research, and quality improvement initiatives. She serves as a representative of the provider community, as a liaison and clinical translator for data analysts and developers, and as an advocate of management in promoting the use of information technology in the clinical setting. Prior to this position, Dr. Angelocci accrued nearly a decade of experience in the Electronic Health Record (EHR) vendor space, serving as the Vice President of Medical Informatics and the Director of Clinical Application Design for an ambulatory EHR vendor.



Sheila Armitage, PhD, The Windhorse Journey: Sheila Armitage has worked and consulted in the healthcare and hi-tech sectors for over twenty years on large-scale training, change, strategy, collaboration, leadership and transformation projects. Patient experience, talent retention, evidence-based leadership practices and next-generation sales leadership, are a few of the challenges she has worked on. Noticing increased levels of organizational stress, talent turnover and other adverse impacts, she researched and developed a resilience model, assessment and program to transform stress into faster recovery and performance, which was well-received by a global audience at South by Southwest. She has worked internationally with Fortune 10 to 500 companies, government, non-profits, education, and individuals as an organizational learning expert and coach, working with C-level leaders through to front-line staff to boost leadership, communications, collaboration, service and sales results. She has coached executives to front line staff on development, challenges, strategy, alignment and execution, as well as resilience.



Jim Arnold, Arnold Public Affairs: Jim Arnold has broad political, public policy and public affairs experience. Jim opened his firm in 1999 after working with the Texas Legislature and in state and national politics. He works with both corporate and nonprofit clients as well as hospitals and city, state and foreign government entities. Jim's areas of focus with his current clients include education and health care as well as appropriations work for several of his clients. He assists his clients with message development including the creation of collateral materials, legislative strategy, coalition building, earned and social media and testimony before public entities. Beginning in the mid-80s, Jim worked in numerous statewide political campaigns in Texas, as well as in statewide and congressional campaigns throughout the country. He managed Governor Rick Perry's winning campaign for Lieutenant Governor in 1998. Before entering politics, he worked for the Texas Legislative Budget Board and the Texas Governor's office.



Lucas Artusi: Systems Designer, Design Institute for Health: Lucas Artusi is a Systems Designer at the Design Institute for Health (DIH), a partnership between the Dell Medical School and the College of Fine Arts at the University of Texas at Austin. Lucas focuses on understanding complex ecosystems in order to design cohesive systems of products, services, and experiences that transcend organizational boundaries. Prior to working at the DIH, Lucas worked at international design firm IDEO as a product designer, focusing primarily on healthcare products and services. He continues to teach design at his alma mater as an executive education coach at the Stanford school. When he's off the clock, Lucas pursues his other passions: hiking, scuba diving, tinkering on projects, the Austin taco scene, and sci-fi movies. Lucas holds a BS in Biomedical Engineering from the University of Texas at Austin and an MS in Industrial Engineering from Stanford University.



Brooks Ballard, Director of Communications, CATCH Global Foundation: Brooks is the Director of Communications for CATCH Global Foundation. He works closely with the Executive Director to develop and execute internal and external communications strategies for the organization. Brooks has a background in public health and worked previously at the Michael & Susan Dell Center for Healthy Living at the UTHealth School of Public Health. He has an extensive CATCH history and has been involved with the program for nearly a decade. Brooks serves on the board of directors for IT'S TIME TEXAS, a statewide nonprofit organization focused on dramatically improving the landscape of health and wellness in Texas, and sits on the steering committee for the Partnership for a Healthy Texas, a coalition of over 50 organizations that has set out to identify and support policy that will have the most impact on the obesity epidemic in Texas.



Leslie Barden, Senior Vice President/Healthcare Consulting, Blaze Advisors, LLC:

Leslie is a leader in strategic planning, project management and execution. She is best known as being a strategic implementer skilled at keeping a focus on strategic goals balanced with the practicality of successful implementation. She has a solid understanding of health care provider governance, payer strategies, service line planning and product development, market research and analysis across a diverse array of health care sectors including integrated delivery systems, provider networks, post acute care and membership alliances. Leslie has served in a variety of executive roles including lead executive over strategy, market research, business development, marketing, care delivery transformation and innovation for several health care systems (NJ, upstate NY, and TX) as well as executive roles within Vizient (fka VHA) which is a national hospital membership and group purchasing enterprise. She is a dynamic and results-oriented healthcare professional. Leslie prides herself in forming innovative and productive strategic partnerships. She is skilled at working with providers of healthcare in leading industry transformation and managing care across the continuum via aligned financial incentives stemming largely from changing reimbursement models. She respects and embraces the role of physicians in transforming care delivery.



Kevin Barnett, DrPH, MCP, Senior Investigator, Public Health Institute:

Kevin Barnett is a Senior Investigator at the Public Health Institute. He has led research and fieldwork in hospital community benefit and health workforce diversity at PHI for over two decades, working with hospitals, government agencies, and community stakeholders across the country. Recent work includes a national study of community health assessments and implementation strategies for the Centers for Disease Control and Prevention and a national initiative funded by the Kresge Foundation to align and focus investments by hospitals, other health sector stakeholders, and financial institutions in low income communities. Current work includes Alignment of Governance and Leadership in Healthcare (AGLH), a partnership with The Governance Institute and Stakeholder Health with funding from RWJF to build population health knowledge among hospital board members and senior leadership, a national study of hospital interventions to address food insecurity, and the establishment of a national coordinating center to align hospital community benefit expenditures with health and community development sector investments to address health inequities in economically disadvantaged communities. He serves as the Co-Director of the California Health Workforce Alliance, as a member of the Board of Directors of Communities Joined in Action, and as a member of the Board of Directors for the Trinity Health System.



Jordana Barton, Senior Advisor, Dallas Federal Reserve:

JORDANA BARTON is Senior Advisor in Community Development for the Federal Reserve Bank of Dallas, San Antonio Branch. She supports the Federal Reserve System's economic growth objectives by promoting community and economic development and fair and impartial access to credit in low and moderate-income communities. Jordana is lead author of the recently released report, "Las Colonias in the 21st Century: Progress Along the Texas-Mexico Border" (2015). Works in progress for 2016 include "Digital Equity and Opportunity: A Framework for Meeting CRA Obligations" and "Broadband Access and Telemedicine on the Texas-Mexico Border." She holds an MPA from Harvard University, John F. Kennedy School of Government. Prior to working with the Federal Reserve, Jordana served as Vice President for Community Development Banking, Capital One Bank. In this role, Jordana built community partnerships and managed investments to promote economic revitalization and access to financial services in low and moderate-income communities.



Dr. Rosanna Barrett, MPH, Director, Texas Health and Human Services: Dr. Rosanna Barrett is a public health practitioner with more than thirteen years' experience in program management, epidemiology and research. Dr. Barrett received a master's degree in public health with electives in public administration from the Florida International University. She completed a public health doctoral degree in epidemiology and biostatistics from the Florida A&M University. Dr. Barrett started her public health career as an epidemiologist at the Miami-Dade County Health Department in Florida. After which, she advanced to the State Department of Health where she managed environmental health initiatives. In 2012 she moved to Texas to serve as manager for the Primary Prevention Branch in the Health Promotion and Chronic Disease Prevention Section at the Texas Department of State Health Services. In this role, she directed the operation of the State's Wellness Program, the Nutrition, Physical Activity and Obesity Prevention Program and the Community Transformation Grant through federal funding

amounting to over \$10 million annually. Dr. Barrett currently serves as Director of Healthy Equity in the Office of Minority Health Statistics and Engagement at Texas Health and Human Services Commission. She promotes the application of cultural sensitivity and responsiveness in health and healthcare service delivery while addressing social determinants of health at the community level. She delivered trainings and workshops to numerous professional groups and public entities to increase awareness and knowledge and build capacity for addressing health disparities. Dr. Barrett also serves as an instructor and mentor to undergraduate and graduate level students majoring in public health and social sciences.



Nora Belcher, Executive Director, Texas e-Health Alliance: Nora Belcher is the Executive Director of the Texas e-Health Alliance, a non-profit advocacy group that she started in 2009 to give health information technology stakeholders a voice in public policy. The Texas e-Health Alliance serves as the state's leading advocate, from local communities to the national level, for the use of information technology to improve the health care system for patients. Prior to starting the Alliance, Ms. Belcher worked in the private sector as a consultant advising health information technology companies on how to do business with government. She also served in Governor Perry's office for five years as deputy director in the Governor's Office of Budget, Planning and Policy, where she was responsible for managing the policy and budget issues for the Texas health and human services system.



Sophia Benner, Associate Planner, GrantWorks, Inc.: Sophia's experience with tactical urbanism began in 2012 with her own "rainbow sharrow" project and evolved into the topic of her Master thesis: Tactical Urbanism: From Civil Disobedience to Civic Improvement. The report examines the rise of tactical urbanism as an opportunity for the field of urban planning and describes how tactics can fit into the formal planning process. Sophia's thesis was the first academic report in the field of urban planning to provide a literature review investigating the supporting theories for tactical urbanism. She has since given several lectures on tactical urbanism and helped create the syllabus for the Tactical Urbanism CRP 385C course for the University of Texas at Austin. Sophia serves as the Chair of the Bicycle Advisory Council for the City of Austin and is an urban planner with GrantWorks, Inc, where she works on CDBG-funded comprehensive plans helping rural, low-income communities



Dr. Joel Bennett, President, Organizational Wellness and Learning Systems:

Joel Bennett, PhD, is President of Organizational Wellness & Learning Systems (OWLS), a consulting firm that specializes in evidence-based wellness and e-learning technologies to promote organizational health and employee well-being. He is primary developer of “Team Awareness” and “Team Resilience,” evidence-based, culture of health programs recognized by the U.S. Dept. of Health as effective in reducing employee behavioral risks. Team Awareness has been adapted by the U.S. National Guard as one of their flagship prevention programs and it has been used by municipalities, hospitals, restaurants, electrician training centers, small businesses, Native American tribal government, and in Italy and South Africa. OWLS has received close to \$5 Million in Federal Research Grants to assess, design, and deliver workplace wellness programs. OWLS service-line includes the Small Business Wellness Initiative, IntelliPrev™, PrevTools™, ExecuPrev™ (livewell, leadwell), TeamUpNow™. and the popular online resilience training: Team Resilience: Finding Strength through Stress. Dr. Bennett is the author of over 20 peer-reviewed research articles and he has authored/co-authored five books, including “Raw Coping Power” “Heart-Centered Leadership”, “Time & Intimacy”, “Preventing Workplace Substance Abuse,” and “Well-Being Champions: A Competency-Based Guidebook.” He earned his Bachelor’s Degree in Psychology and Philosophy from State University of New York (Purchase) and his MA and PhD in Psychology from University of Texas-Austin.



Ann Bishop, Former Rick Perry Chief of Staff:

During Bishop’s 11- year tenure as executive director of the Employees Retirement System, she oversaw the management and growth of a multi-billion dollar investment portfolio, disbursement of more than \$7B annually in retirement and insurance benefits for more than 500,000 state and higher education employees, retirees and their families. Before heading the ERS, Bishop operated an independent business consulting service and served as deputy comptroller of public accounts. She also served as the first executive director of the state Department of Information Resources. After earning an undergraduate degree from the University of Texas at Austin, Bishop received her law degree from Texas Tech University.



Kristin Brookshire, MPH, RD, LD:

Kristin Brookshire is a registered dietitian, native Texan and Austinite. She has worked in the nutrition field for over 8 years, with an emphasis in community health. During her time at Meals on Wheels Central Texas, she received her MPH with a degree in Health Promotion and Education. Kristin now serves as the Clinical Nutrition Manager for CommUnityCare Health Centers, a federally qualified health center that provides primary and specialty healthcare access to Travis County’s low-income safety net population. At CommUnityCare, she works with a multi-disciplinary team of physicians, nurses, counselors, and pharmacists to integrate nutrition and lifestyle education into medical practice. In her free time, you might catch Kristin traveling, trying a new food, or playing with her two Labrador Retrievers, Bear and Cow.



Dr. Chris Brownson, Associate VP for Student Affairs, Director of the Counseling and Mental Health Center, University of Texas at Austin: Dr. Chris Brownson is an Associate Vice President for Student Affairs and Director of the Counseling and Mental Health Center at the University of Texas at Austin. He is a licensed psychologist and a Clinical Associate Professor in the Counseling Psychology Program in the Department of Educational Psychology. Dr. Brownson's research interests include college student suicide, mental health in primary care, and the intersection of mental health and academic success. Dr. Brownson was appointed as a Chancellor's Health Fellow at the U.T. System in 2014, and he currently leads a \$5 million project implementing after hours crisis counseling, bystander intervention, alcohol prevention and early intervention, and collegiate recovery centers at the academic and health institutions in the U.T. System.



Dr. Jeff Bullard, MD, CEO, Vault: Jeff Bullard, MD, is CEO for the behavioral health assessment and tracking tool, Vault, and is a member of the Board of Governors for Catalyst Health Network, a Dallas-Fort Worth based clinically integrated network. Bullard is the founder and serves as CMO of MaxHealth Medical Associates, a community-based primary care center, is founder and medical director of Acuity Brain Center, MaxFitness Peak Performance and Personal Training Gyms and Elevate Health Clinics. He is the current president of the Academy of Allergy and Asthma in Primary Care and serves as a medical advisory board member for multiple healthcare entities.



Karen Burnell, Healthy Lifestyles Liaison, Texas PTA: Karen Burnell is currently the Healthy Lifestyles Liaison for the Texas PTA where she provides wellness resources to local PTA Healthy Lifestyles Chairs across the state. Prior to this role, she was the Coordinated School Health Specialist for Dallas ISD where she oversaw district implementation and campus initiatives that ensured compliance with coordinated school health mandates. Karen has also been a Project Director and Research Coordinator for the University of Texas-Houston, Health Science Center on a variety of childhood obesity-prevention grants. Karen's passion for health and wellness started with her career as an elementary physical education teacher. She has a Bachelor of Science in Kinesiology with a specialization in Health Education and a Master of Education in Education Administration. As a parent, Karen continues to teach healthy habits to her children and is working with her local preschool program to increase healthy snack options and other health initiatives.

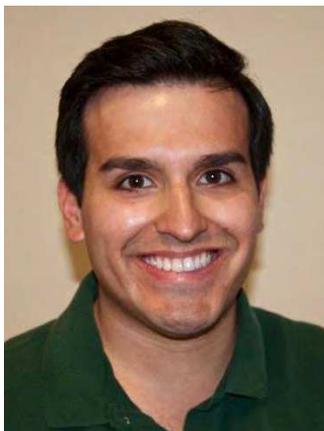


William Buster, Vice President of Community Investments, St. David's Foundation: William provides oversight for the Foundation's grant-making programs, and is responsible for leading the design, development, delivery and evaluation of the Foundation's grant-making strategies and policies.

Prior to joining the Foundation, William was the Owner and Lead Consultant for Common-Unity Philanthropic and Nonprofit Advisors. He worked in a variety of positions, including Director of Mississippi and New Orleans Programs and Advisor to the President on Men and Boys of Color during his 8 years with the W.K. Kellogg Foundation. Prior to joining the Kellogg Foundation, William was a Program Officer for the Mary Reynolds Babcock Foundation for 7 years, and earlier in his career, was the Program Director for Community Development for the Greensboro Education and Development Council.



Susan Campbell, Ph.D., Wellness Strategy Leader, American Airlines: Prior to joining American Airlines, Susan Campbell, PhD, was a sought-after health and well-being consultant helping to build healthy and fit people, places and policies across the nation. As the former President and Chief Mission Officer of The Cooper Institute and Department of Defense (DoD) department head, Susan guided program design, development and evaluation in grants funded to reduce chronic disease in large populations. Her early work in DoD wellness was recognized by her receipt of the Meritorious Civilian Service Medal. Susan's work has been funded through the Centers for Disease Control and Prevention (CDC), Robert Wood Johnson Foundation, NFL Foundation, Michael and Susan Dell Foundation, Cancer Prevention and Research Institute of Texas (CPRIT) and the Army Research Institute of Environmental Medicine. She authored well-being materials for CDC and the American Heart Association and developed medical education courses on weight management strategies.



Alex Canepa, Research Director, Farmers Market Coalition: Alex currently serves as the Research and Education Director of the Farmers Market Coalition where he works to make farmers more money and good food more affordable. Before arriving at FMC, Alex led research on agriculture and food policy for the non-partisan Texas Senate Research Center. While at the Senate, Alex worked with members of the Committee on Agriculture, Water, and Rural Affairs and their staffs address the challenges facing Texas farmers. He has also worked as a graduate researcher at the University of Oxford's Future of Food Program where he researched the intersection of agricultural economics and public health. As an undergraduate, he interned at the United States Department of Agriculture's (USDA) Know Your Farmer, Know Your Food initiative. He holds a Master's Degree from the University of Oxford and a Bachelor's Degree from Trinity College Dublin. Alex lives in Austin, Texas.



Sara Champlin, PhD, Assistant Professor, Mayborn School of Journalism, University of North Texas: Sara Champlin, Ph.D., University of Texas, Austin 2015, is an assistant professor of advertising. Her research interests include health communication and literacy, eye tracking, strategic communication, statistical modeling and scale development. Her dissertation examines how to measure health literacy to improve health outcomes. Sara has worked on a number of health-related grants and her research group has published nine scholarly articles. She teaches classes in research methods and account planning.



Katie Chennisi, Public Health Analyst, Harris County Public Health: Katie Chennisi is a Public Health Analyst with the Office of Policy and Planning at Harris County Public Health (HCPH). Katie oversees various chronic disease prevention activities, including work for the Healthy Living Matters collaborative. Prior to coming to HCPH, Katie spent five years at The University of Texas Health Science Center at Houston where she was the Coordinator for the Texas Early Childhood Professional Development System (TECPDS). In this role Katie managed a statewide system aimed at making quality professional development opportunities more accessible to individuals working with young children. Katie grew up in the Dominican Republic, and completed most her schooling there, including her Bachelor's Degree in Organizational Psychology at the Universidad Católica Madre y Maestra. Shortly after graduating she moved to Houston in order to pursue her graduate studies, and in 2010 obtained her Master's in Public Health from The University of Texas School of Public Health.



Dr. Tim Church, M.D., Ph.D., M.P.H., CMO of ACAP Health: Tim Church, M.D., M.P.H., Ph.D. is one of the country's leading physicians in exercise and obesity research and chief medical officer of ACAP Health Consulting. After receiving a Bachelor of Science in Animal Physiology from UC-Davis, Church received his Medical Doctorate and Ph.D. from Tulane University School of Medicine in New Orleans, LA. During his preventive medicine residency training, he also obtained a master's degree in Public Health. Church is an adjunct professor of the Preventive Medicine Research Laboratory at Pennington Biomedical Research Center at Louisiana State University. He has authored more than 200 research articles and received numerous awards for his research in preventative health. Church is frequently used as an expert source for preventative health stories with major national media outlets, including: The New York Times, U.S. News & World Report, the Wall Street Journal, Time Magazine, the London Times, NBC's Today show, The Washington Post, and many more.



Lisa Cleveland, PhD, RN, Assistant Professor in the Department of Family and Community Health Systems in the San Antonio School of Nursing, University of Texas Health San Antonio: Lisa Cleveland, PhD, RN, is an Assistant Professor at UT Health San Antonio, School of Nursing. She earned her PhD in Parent/Child Nursing from the University of Texas at Austin in 2010 and completed a postdoctoral fellowship in health disparities research at the University of North Texas Health Science Center in 2014. Dr. Cleveland received her Master's in Nursing from the Medical College of Georgia at Augusta in 1999 and her Bachelors of Science in Nursing from the University of South Carolina at Columbia in 1992. She is a practicing Board Certified Pediatric Nurse Practitioner and an International Board Certified Lactation Consultant. Dr. Cleveland's research is focused on mother-infant dyads affected by neonatal abstinence (withdrawal) syndrome (NAS). U.S. rates of NAS have increased fivefold since 2000. Dr. Cleveland is currently leading her interprofessional team in conducting research to determine the impact of

kangaroo mother care (KMC), a method of skin-to-skin, mother-infant holding, on stress reactivity and attachment in these dyads. The findings of this research show that KMC can reduce the severity of NAS symptoms and foster a strong maternal-infant attachment.

In addition, Dr. Cleveland is the Principal Investigator for a Patient Centered Outcomes Research Institute funded project to develop a Bexar County NAS Collaborative (BCNC). Bexar County, Texas, which includes the San Antonio area, has been disproportionately affected by NAS, accounting for one third of cases reported annually in the state. Thus, the purpose of the BCNC, is to engage patient/family partners, community stakeholders, clinicians, and researchers in the identification of research priorities specific to NAS.



Ben Clutter, Director of Employee Relations, IT'S TIME TEXAS: As Director of Employer Relations for IT'S TIME TEXAS, Ben is responsible for a wide spectrum of population health improvement resources that can be easily implemented and used by any size employer. Ben also serves to aid and improve upon the organization's already well-established connections in the employer realm. Ben's passion for helping others create positive, sustained behavior change is evident in his previous experience in the for-profit sector. In his previous role, Ben helped to create, implement, track, and report a successful global wellness program for all of Halliburton. Ben's understanding of how to reduce health risks for diverse populations is advancing IT'S TIME TEXAS' mission to build healthier workplaces, a healthier next generation, and a healthier Texas.



Dr. Edward Dick, Senior VP of Integrated Health Services, Medical Services, Methodist Healthcare Ministries: Dr. Dick is currently the Senior Vice President of Integrated Health at Methodist Healthcare Ministries (MHM), San Antonio, Texas. Dr Dick is a Board Certified Family Physician and has completed additional graduate training in public health, tropical medicine, and health professions education. At MHM, Dr Dick works with MHM team members in cross sector collaboration in 74 counties of South Texas served by MHM. Current interests include improved methods to address the social determinants of health through sustainable, organic community efforts.



Sabel Eguez, LMSW, Project Manager, State Partnership Initiative to Address Health Disparities: Isabel Egüez, LMSW, is the project manager for the State Partnership Initiative to Address Health Disparities at the Texas Health and Human Services Commission (HHSC) Office of Minority Health Statistics and Engagement. The project is funded for five years (2015-2020) by the U.S. Health and Human Services Office of Minority Health to support the reduction of chronic disease disparities among racial and ethnic minorities in Beaumont, Port Arthur, and Laredo, Texas. From 2014-2017, Isabel was the Health Equity Specialist at the HHSC Office of Minority Health Statistics and Engagement providing consultation, technical assistance and training on health equity, Social Determinants of Health, and the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (CLAS). She also coordinated the implementation of health equity projects to reduce health disparities and advance the implementation of CLAS standards in public health

and health care organizations in Texas. Prior to her role as a Health Equity Specialist, Isabel worked in policy development and administration of programs for low-income families within the Texas Health and Human Services Enterprise. Her previous roles include Medicaid Acute Care policy analyst, and Texas Nurse-Family Partnership project manager at HHSC, Health Promotion and Chronic Disease Prevention Section project manager at the Texas Department of State Health Services, and Medical Services Lead for Child Protective Services at the Texas Department of Family and Protective Services. Isabel is a licensed master social worker with knowledge and experience in project management, grant writing, community engagement, cultural competency, and implementation of multi-million-dollar evidence-based programs in the areas of maternal child health, minority health, and health promotion. Isabel is a native Spanish speaker and has a Master of Science in Social Work (MSSW), a BA in Latin American Studies, and a Bachelor of Social Work degree from the University of Texas at Austin.



Marissa Evans, Texas Tribune: Marissa Evans reports on health and human service policy issues for the Texas Tribune. Before the Tribune she reported for CQ Roll Call in D.C. where she covered state legislatures and health care issues. Her reporting has appeared in Civil Eats, NBC BLK, Cosmo for Latinas, Kaiser Health News, The Seattle Times, The Washington Post, The Milwaukee Journal Sentinel, The Star Tribune and Milwaukee Neighborhood News Service. She is a 2013 alumna of Marquette University in Milwaukee. When not reporting, she is teaching herself how to code, re-perfecting her chocolate chip cookie recipe, searching for food spots that rival her mother's cooking, exploring museums, catching up on books and watching documentaries.



Mary Faria, PhD, FACHE, Adjunct Professor and Lecturer, Texas State & Concordia University: Dr. Faria recently retired after 30 years as a healthcare executive/administrator. She spent last 21 years with the Seton Healthcare Family in Austin. She served as COO/VP/Administrator for Seton Southwest Hospital, serving 17 years from the hospital's opening until she retired on June 30. She received her PhD from the University of Texas at Austin. Her dissertation research was in the area of organizational change. Dr. Faria currently serves on several community advisory councils and not-for-profit boards. She is the board chair for the Austin Mayor's Health and Fitness Council. Dr. Faria is an accomplished age group distance runner, with local, national and international age group race wins. She is also a triathlete who teaches swimming to those fearful of water and was her age group winner in the 2016 Austin Fit Magazine's Most Fit Competition.



Brittany Ferguson, Vice President, Social Impact, Nutritional Programming, Hungry Planet Farms



Robert L. Ferrer MD, MPH, John M. Smith, Jr. Professor and Vice Chair for Research in the Department of Family and Community Medicine, School of Medicine, University of Texas Health San Antonio: Dr. Robert L. Ferrer, MD, MPH holds the title of Dr. John M. Smith, Jr. Professor and Vice Chair for Research in the Department of Family and Community Medicine at the UT Medicine San Antonio. Dr. Ferrer is a practicing family physician with research interests at the interface of primary care and public health, including primary care transformation and quality improvement, and social determinants of health. He currently is Board Chair for the Bexar County Health Collaborative and is active in other community health initiatives.



Dr. Billy Fields, Associate Professor of Political Science, Texas State University: Billy Fields (Ph.D.) is an Associate Professor of Political Science at Texas State University. His research focuses on understanding the key elements of resilient communities. He has examined resiliency from transportation, urban planning, public health, and hazard mitigation perspectives with publications in the Journal of Planning, Education, and Research (JPER), Journal of Public Health Policy, the Journal of Urbanism, the Journal of Urban Design, and Cityscape. He is also co-editor of the spring 2013 release by Island Press, Transport Beyond Oil. He leads the International Sustainable Transportation Engagement Program with an annual study abroad program to the Netherlands to explore best practices in active transportation. Prior to joining Texas State University, Dr. Fields was Director of the Center for Urban and Public Affairs at the University of New Orleans and Research Director for the Rails to Trails Conservancy where he developed and explored the concept of trail-oriented development.



Linda Fulmer, Executive Director, Healthy Tarrant County Collaboration, Previously Plan4Health Tarrant County Coalition: Linda Fulmer, M. Ed. has been involved in various aspects of the nonprofit and health and human services community since 1979. In 2009 she joined Healthy Tarrant County Collaboration as its first Executive Director. Since 1997 Healthy Tarrant County Collaboration has been committed to building a healthier community through a partnership of hospitals, public health organizations, and universities. Ms. Fulmer received her BSW from Morehead State University and M Ed from Texas Christian University.



Dr. James Furr, President, Houston Graduate School of Theology: Dr. James H. Furr serves as President of Houston Graduate School of Theology where he is also Professor of Church and Culture. HGST is a multid denominational, multicultural Christian seminary based in Houston, Texas. From 2004 to 2010, he was an Associate Professor in the School of Theology at Houston Baptist University. Graduate and undergraduate teaching fields in those institutions and others have included Christian leadership, missional theology, culture and context, Christian ethics, and sociology. For two decades before those academic appointments, Dr. Furr provided training and consulting services to congregations and church leaders through various venues across the country and served in a variety of congregational and denominational roles. His academic training includes a PhD in Church and Community Studies and a Master of Divinity degree.



Jessica Galleshaw, United Way of Metropolitan Dallas, Senior Director of Health Impact: Jessica Galleshaw is the Senior Director of Health Impact for United Way where she oversees work across six strategic health impact focus areas and a portfolio of 63 investments. Jessica has been with United Way since 2007, holding multiple roles in the Community Impact department. Jessica is a member of the Dallas ISD's School Health Advisory Council, serving as Secretary, a Leadership ISD 2014 Fellow, and a member of the Mayor's Star Council class of 2017. She is a co-chair of the Health and Wellness Alliance Schools and Afterschool Settings as well as a Leadership Team member for the Dallas Coalition for Hunger Solutions. Jessica is a graduate of the School of Economic, Political and Policy Sciences at the University of Texas at Dallas and has completed graduate coursework from the University of Texas School of Public Health.



Sarah Gamble, Go Collaborative: Sarah Gamble is a registered architect with a passion for the public realm and community projects. Gamble leads GO collaborative, an Austin-based architecture and planning firm, with planner/researcher Lynn Osgood. With a focus on the non-profit and public sectors, the firm brings together elements of architecture, landscape architecture, planning, public art, and community engagement to connect people with place. Gamble is a Lecturer at the University of Texas at Austin School of Architecture, where she teaches design studios focused on social issues and the public realm. Gamble's research is focused on Creative Placemaking and recently studied walking as a tool for community development and arts-based engagement. As a local professional and volunteer, Sarah has been recognized for her advocacy and design work within Austin and beyond. In 2015, she was featured by Austin(ite) Magazine as one of 22 people making Austin Texas' coolest city and received the Young Architect Design Award by the

University of Florida School of Architecture. In 2013, she was featured in Texas Architect magazine as one of 4 Under 40 architects. She was also named one of Austin's 10 to Watch in 2012 by Tribeza Magazine for her positive impact on the city. For her work with CITYbuild, Sarah was recognized by the Association of Collegiate Schools of Architecture with a Collaborative Practice Award for disaster recovery in collaboration with 17 national universities.



Angelica Garcia, CHW: Angelica Garcia is a Certified Community Health Worker and Diabetes Engagement & Empowerment Program peer-educator. With CommUnityCare, she serves as the Dietetic Technician and plays a key role in patient engagement and retention. Angelica is the mother of a pre-teen boy, and enjoys hiking and watching baby animal videos.



Darren Geyer, MD, Premier Family Physicians, Southwest Medical Village: Dr. Geyer was born in El Paso, TX and grew up in a military family. He was raised mostly in Richardson, Texas. His extended family are all from Pittsburgh, PA. Dr. Geyer enjoys hiking, camping, music, cooking, and Italian culture. He is married to Tracy and has 3 children. He has special interest in diabetes care and sports medicine.



Mitch J. Goldman, MSN, MSIS, Project Director for Population Health and Clinical Quality at Austin Regional Clinic: Mitch Goldman, MSN, MSIS is the Project Director for Population Health and Clinical Quality at Austin Regional Clinic. He works with clinical, technical, and operational teams to design and implement quality improvement projects across a multi specialty organization with twenty-three clinic locations in the Austin area. His nursing background includes roles in community and inpatient settings, and he has additional training in informatics and information science.



Ian Goodman, MPH Benefits Consultant: Ian joined Gallagher in September 2014 as Health Management Consultant and now serves clients as Benefits Consultant. His career experience includes wellness, human resources, healthcare, insurance, and employee benefits. As a Benefits Consultant, Ian helps clients create strategies that contain costs and attract talent. In his experience in Health and Welfare benefits, Ian has developed strategic plans that help clients reduce healthcare spend, improve employee health, create employee choice, and drive engagement. He has expertise in healthcare policy, condition management, and self-funding. Ian has a genuine passion to improve the health of the community at the employer level. Ian graduated from Texas A&M University with a BS in Exercise Physiology and later a MPH in Healthcare Policy & Management. He currently lives in Belton with his wife (Sarah), Sons (Luke, Anderson, & Keller), and dog (Kendall). In his spare time, he enjoys spending time with friends and family, watching football, and playing dominoes.



Amy Goodson, MS, RD, CSSD, LD Registered and Licensed Dietitian: Amy Goodson, MS, RD, CSSD, LD is a registered dietitian in the Dallas-Fort Worth area with an emphasis in overall health, wellness and sports nutrition. She has eleven years of experience as the sports dietitian at Ben Hogan Sports Medicine and has worked with Texas Christian University Athletics, the Dallas Cowboys, Texas Rangers, FC Dallas Soccer, Jim McLean Golf School and many PGA Tour players as well as with many middle school, high school and endurance athletes. She also works with the everyday exercising population to improve health and wellness. Amy speaks at a variety of nutrition, athletic training and coaching conferences in addition to providing health and nutrition presentations to various businesses and companies. She is an ambassador/spokesperson for the National Dairy Council, has served on the Dairy Max Health and Wellness Advisory Council and on the Speakers Bureau for Gatorade Sports Science Institute. Amy is also the co-author of "Swim, Bike, Run – Eat," a sports nutrition

book for triathletes. Amy received her Bachelor of Science in speech communications from Texas Christian University and Master of Science in exercise and sports nutrition from Texas Woman's University. She is also a Certified Specialist in Sports Dietetics.



Sue Grinnell, MPH, Director of Business Strategy, Population Health Innovation:

Sue brings over 30 years of experience in public health and leadership in the areas of strategic direction, innovation, and collaboration to this role. Sue also currently serves as the Director of Business Strategy and Technology at the Public Health Institute and oversees the Population Health Innovation Lab (PHIL), bringing together partners, staff and resources to address complex problems affecting health and quality of life. Sue has expertise and deep experience in population health to accelerate innovative investments, strategies and interventions that build healthier populations and realize a broad social and financial return. Sue has held a variety of positions working to address issues such as chronic disease, access to prenatal care, and children’s health. Sue comes to PHI from the Washington State Department of Health, where she served as special assistant for Health Transformation and Innovation, and served as the state Chronic Disease Director, Maternal and Child Health Director, as

well as oversaw the Office of Healthy Communities. She also previously served as director for the Cowlitz County Health Department in Longview, Washington. Sue holds a Master’s in Public Health with a focus on Public Health Leadership and Practice from the University of North Carolina, Chapel Hill.



Karen Del Rio Guzman, Health Promotion Student, University of Texas at El Paso:

Karen is a senior from the Health Promotion program at the University of Texas at El Paso (UTEP) doing a double minor in Nutrition and Community Health. Karen has a background in premedical studies and biological sciences. She has been a research assistant for the “Evidence-based Screenings for Obesity, Cardiorespiratory Disease, and Environmental Exposures in Low-income El Paso Households” project for the past 2 years where she has enhanced her clinical and research skills. Currently, she is a certified diabetes educator in Mexico and was elected as the Collegiate Senator for Health Sciences at UTEP for the current term.



Claire Hahn, Work-life Balance and Wellness Manager, University of Texas at Austin:

Claire is the Work-life Balance and Wellness Manager at the University of Texas at Austin. She is responsible for overseeing the HealthPoint Wellness Program for faculty and staff. In this role, Claire promotes and removes barriers to health programs and plans, develops, coordinates and evaluates their comprehensive, population-based work-life balance and wellness programs. These programs enhance personal well-being, job satisfaction and recruitment and retention efforts. Prior to working at UT Austin, Claire worked at the City of Austin where she developed the Business Group on Health for Austin employers and helped to facilitate the Mayor’s Health and Fitness Council of which UT Austin is a member and certified partner. Prior to her work in Austin, Claire worked for the Centers for Disease Control and Prevention (CDC) in Atlanta, GA. She is a certified yoga instructor and enjoys staying active through swimming and walking.



Travis Hanson JD, MS, Executive Director, Rural and Community Health, TTUHSC-Lubbock: Mr. Hanson has served as Executive Director over the TRC, TTUHSC Telemedicine Program, and the WTxHITREC. As the Executive Director and legal oversight of the West Texas Health Information Technology Regional Extension Center (WTxHITREC), Travis is charged with providing consulting services to Priority Primary Care Providers (PPCPs) with the goal of those PPCPs meaningfully using Electronic Health Records (EHRs). He also sits on a six member Executive Board for the Llano Estacado Access Partners (LEAP), which is the active Health information Exchange in Lubbock, Texas. Mr. Hanson holds bachelor's degrees in social statistics and criminology from the University of Utah. He also graduated summa cum laude with a Master's Degree in Finance from Texas Tech University and he graduated cum laude with his Juris Doctorate from the Texas Tech University School of Law.



Keli Hawthorne, Director of Clinical Research, Department of Pediatrics, Dell Medical School: Keli Hawthorne, MS, RD, LD is the Director for Clinical Research for the Department of Pediatrics with the Dell Medical School at The University of Texas at Austin. In addition to authoring over 40 peer-reviewed publications on neonatal and pediatric nutrition, Keli is a frequent speaker to health professionals in both national and international settings, including India, Nigeria, and Peru. She was the winner of the 2015 Texas Distinguished Scientist Award from the Texas Academy of Nutrition and Dietetics and is a past recipient of the Emerging Dietetic Leader award and Recognized Young Dietitian of the Year. Previously, Keli worked at Baylor College of Medicine and Texas Children's Hospital in Houston as a registered dietitian and researcher at the USDA/ARS Children's Nutrition Research Center, focusing on mineral absorption, omega-3 fatty acids, and neonatal nutrition. Keli is a graduate of Texas Christian University (BS Dietetics) and Texas Woman's University (MS Nutrition). She is a competitive swing dancer and loves being at her farm in Chalk Mountain, Texas.



Patricia V. Hayes, Chief Strategist/Owner, PVH Consulting Group, LLC: Patricia V. Hayes is the Chief Strategist/Owner of PVH Consulting Group, LLC, a strategic management consulting and leadership development firm in Austin, Texas, where she supports executive-level leaders. Patricia is a dedicated and experienced strategist who is brilliant at organizing people and projects to strategically accomplish their goals, creating solutions to complex problems, and communicating in writing complex issues and solutions. Ms. Hayes has served as a respected policy confidante, advisor and strategist to executive leadership at the state and national levels, including a Lt. Governor, State Senator, Commissioner of Education, University System Chancellor. Patricia has also taken her vast legislative and leadership experiences to create several new leadership development ventures. She earned her Juris Doctor from Pepperdine University School of Law and a Bachelor of Arts in Government from the University of Texas at Austin. A leader in her local community, she serves on the Central Health Equity Policy Council, is the Chair of the Greater Austin Black Chamber of Commerce and is an E3 Alliance Blueprint for Educational Change Goal 3 Leader. She is married with two children.



Dr. John William Hellerstedt, Commissioner, Texas Department of State Health

Services: Dr. Hellerstedt earned his Doctor of Medicine degree from the University of Pittsburgh and completed his General Pediatrics Residency at the University of Texas-San Antonio Health Science Center. He moved to Austin in 1981 and spent 18 years working as a pediatrician and departmental chair at Austin Regional Clinic. Dr. Hellerstedt first entered public service as the Medical Director of the Bureau of Medicaid Managed Care and CHIP at the Texas Department of Health in 2000 and became the Medical Director for the Medicaid CHIP Division of the Texas Health and Human Services Commission in 2001. After seven years with the state government, he accepted a position as Vice President of Medical Affairs and Associate Chief Medical Officer at Dell Children’s Medical Center of Central Texas. He became the Associate Chief Medical Officer at Seton Family of Hospitals in 2009 and the Chief Medical Officer in 2013. Dr. Hellerstedt

is a member of the Texas Medical Association, Travis County Medical Society, and Texas Pediatric Society. His honors and awards include the 2007 Texas Pediatric Society Child Advocate of the Year. He has served the Central Texas community through his membership in and leadership of numerous committees at the Children’s Hospital of Austin, Brackenridge Hospital, the Seton Network, and Austin Independent School District. In January 2016, Dr. Hellerstedt took on the role of Commissioner of the Texas Department of State Health Services. With his leadership, the agency strives to achieve the vision of “A Healthy Texas” and fulfill the mission of improving the health, safety, and well-being of Texans through good stewardship of public resources, and a focus on core public health functions.



Kristy Henderson, DNP, FNP, ACNP, FAEN, Clinical Professor



Andrew Hernandez, Community Development Manager:

Andrew “Andy” Hernandez is the Community Development Manager for Methodist HealthCare Ministries based in San Antonio, Texas. MHM is a nonprofit faith-based organization that provides over 80 million dollars annually in free health services to the working poor in South Texas. Mr. Hernandez has served as the founder and first Executive Director of the 21st Century Leadership Center at St. Mary’s University, the first Director for The Base Vote Division at the Democratic National Committee in Washington, D.C., and as The President of the Southwest Voter Registration Education Project. He also served as a pastor of a United Methodist Church in Floresville, Texas. Mr. Hernandez has been the recipient of numerous awards and recognitions including Hispanic Business Magazine’s 100 Most Influential Hispanics, National Council of La Raza’s Hero Award and the Willie C. Velasquez Lifetime Achievement Award. Mr. Hernandez has also received The United States Hispanic Leadership Institute’s Lifetime Achievement Award.



Dr. Deanna Hoelscher, MSDC, Healthy Living: Deanna M. Hoelscher, Ph.D., R.D.N., L.D., C.N.S., is the John P. McGovern Professor in Health Promotion and Behavioral Sciences, and founding Director of the Michael & Susan Dell Center for Healthy Living at The University of Texas Health Science Center at Houston (UTHealth) School of Public Health in Austin. Dr. Hoelscher's research interests focus on teaching children and their families how to engage in healthier behaviors to avoid the development of chronic disease, with a special emphasis on low-income, diverse populations. She has received multiple federal and foundation grants, and has over 160 peer-reviewed publications, as well as awards for research and teaching. She is the principal investigator of the School Physical Activity and Nutrition (SPAN) survey funded by the Texas Department of State Health Services; this study established a surveillance system to monitor the prevalence of overweight/obesity in school-aged children in Texas, and has been conducted since 2000.



Rep. Donna Howard, State Representative: Representative Donna Howard has served in the Texas House of Representatives since 2006. She currently serves as the Vice Chair of the Calendars Committee, which sets the calendar for the House Floor. She is a key member of the House Appropriations Committee, and sits on its Article III Subcommittee which oversees education spending in the state budget. Donna is also a longtime member of the House Higher Education Committee and the House Administration Committee. A native of Austin, Donna earned a Bachelor's degree in nursing and a Master's degree in health education from the University of Texas. She worked as a critical care nurse at Brackenridge and Seton hospitals, and served as Austin's first hospital-based Patient Education Coordinator. Donna is a past president of the Texas Nurses Association (District 5) and was a health education instructor at UT. Donna was elected to the Eanes ISD board in West Austin for the 1996-1999 term. She has served on the boards of Austin Area Interreligious Ministries, Common Cause Texas, Texas Freedom Network, and the Texas Campaign to Prevent Teen Pregnancy. She now serves as a board member of the Expanding Horizons Foundation, supporting low-income housing and education. Representative Howard is married to attorney Derek Howard, is the mother of three adult children and grandmother to four perfect grandkids, and is active in her neighborhood and church communities.



Ashley Hutto, Outcomes Manager, Diabetes Health and Wellness Institute, an affiliate of Baylor Scott and White: A graduate of the University of St. Thomas in Houston, Ashley Hutto has over 20 years of experience in the nonprofit sector. Presently serving as the Health and Wellness Operations Manager at the Baylor Scott & White Health and Wellness Center (BSW HWC) at Juanita J. Craft Recreation Center, Ashley oversees the development and implementation of programs and services for BSW HWC members, including individual and group fitness classes, cooking and nutrition seminars, the Farm Stand operation, and financial wellbeing workshops. The Tweeners program, a middle school out of school time program for youth that live in the Frazier community, is under her supervision. Additional responsibilities include; the implementation and operations of the new micro-replication of BSW HWC programming, Healthy Cities, at three additional recreation centers in collaboration with the United Way and the City of Dallas Park and Recreation Department.



Rep Jason Isaac, State Legislator for District 45: State Representative Jason Isaac is a fourth-generation Texan serving Blanco and Hays counties in the Texas Legislature. Since his election in 2010, Representative Isaac has passed legislation to cut taxes, curtail the growth of government, strengthen election integrity, improve education, preserve Second Amendment rights, protect groundwater, and defend private property rights. Representative Isaac has repeatedly been named a "Courageous Conservative" by the Texas Conservative Coalition and proven to be an effective leader at both advocating for conservative principles and working across the aisle toward responsible solutions. He is vice president of the conservative caucus and founding chair of the Hill Country Caucus. Representative Isaac owns a small business that assists companies with achieving their sales and marketing goals. He is a graduate of Stephen F. Austin State University, founder of the Texas Natural Gas Foundation, and a youth lacrosse coach. He lives in Dripping Springs with his wife, Carrie, and two sons. They attend Westover Hills Church of Christ.



Tasha Joshua, MS, CHES, Staff Wellness Coordinator: Tasha Joshua is an onsite wellness coordinator for United Healthcare. In this role, Tasha has been a dedicated resource to a number of large employer groups, creating strategic well-being plans to engage and promote awareness on various health related topics that are designed to foster health promoting behaviors and environments. Tasha believes that companies that commit to providing an environment that nurtures and advocates healthy choices for employees will result in a healthier workforce and improved moral. Prior to working with UnitedHealthcare, Tasha designed well-being programs for nursing facilities. Tasha is a Certified Health Education Specialist, holds a bachelor's degree in Kinesiology and Health Promotion from the University of Houston and a master's degree in Health Studies from Texas Woman's University and has over a decade of wellness program experience.



Samuel Karns, Assistant Director of Health Fitness, Spring Branch ISD: Samuel is the Assistant Director of Student Wellness in Spring Branch ISD. In our department we drive coordinated school health/WSCC, health fitness, health education, employee wellness, social media and web design. We were just awarded the SHAC award through ITT. For questions contact Samuel at Samuel.Karns@springbranchisd.com.



Stephanie Kellam, MS, CPT, Student Wellness Coordinator, UnitedHealthcare:

Stephanie Kellam currently serves as the student wellness coordinator for UnitedHealthcare. She has worked in the health and wellness industry for over 10 years. Stephanie has strong experience in wellness program design and implementation. She has successfully written and secured over \$200,000 in grant funding. She prides herself in her strong relationship building skills and is passionate about helping youth live healthier lives. Her previous positions have included health and physical education curriculum coordinator for a large school district in Texas as well as a program coordinator for a research, education, and advocacy non-profit organization. Stephanie has published several research articles focused on childhood obesity in low-income, minority girls as it relates to physical activity and nutrition. Stephanie holds a MS in Exercise Science from the University of Houston and a BA in Kinesiology from Rice University. She is a certified personal trainer through the American College of Sports Medicine and a certified cycling instructor through Cyclistics.



Jennifer Knoulton, VP of Regional Operations, Methodist Healthcare Ministries:

Jennifer Knoulton, RN, is the Vice President of Regional Operations at Methodist Healthcare Ministries of South Texas, Inc. In this role, Jennifer supports leadership to drive and sustain systems change efforts that will allow Methodist Healthcare Ministries to more effectively improve health outcomes in its 74-county service area across South Texas. She brings over 20 years of nursing and administrative experience to her role, and a unique understanding of the challenges of improving the health of underserved populations. Jennifer has extensive clinical health experience, particularly knowledge on the multiple factors that shape the health of individuals, families, groups and communities. As a servant leader, she is committed to bringing about positive change in the lives of the least served. Her personal mission is to serve as a child of God in all she does. Jennifer has served Methodist Healthcare Ministries in many capacities. Most recently, she served as the organization's Director of Nursing

for two years, providing clinical, professional, and administrative oversight to clinic nursing staff and the Wesley Nurse program — Methodist Healthcare Ministries' largest geographic outreach program. Before that, she spent 10 years as a Wesley Nurse, practicing the specialty of Faith Community Nursing in rural health, school health and hospital settings. Jennifer earned a Bachelor of Science in Nursing and graduated cum laude from the University of Florida. She is active in her local church and enjoys participating in mission work, both locally and overseas.



Ray Langlois, WilCo Wellness Alliance Coalition:

Ray Langlois, M. Ed. is the Coalition Coordinator of the WilCo Wellness Alliance, Williamson County and Cities Health District (WCCHD). He has a Master Degree in Education Administration and a background in health and wellness as a teacher and district administrator. He retired from education after 33 years of service and is now part of the Marketing and Community Engagement Division of WCCHD. The WilCo Wellness Alliance is an organization which has over 600 members from 150 agencies who are focused on the health and wellness needs of Williamson County. The Alliance's support staff host or support bi-monthly meetings for 9 working groups and monthly meetings for one community collaborative and are members of many Community Collaboratives in Williamson and Travis Counties. The Alliance is also the lead organization who conducted the recent Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP). They also host a website www.healthywilliamsoncounty.org which is the lead health data source for the county.



Brittany D. Linde, PhD, Associate Research Scientist, Director of Strategic Partnerships, Organizational Wellness and Learning Systems: Dr. Brittany Linde, PhD, is interested in a variety of topics pertaining to the ways we spend, embrace, and savor our time across the lifespan, including the study of leisure, health, and human development. She is currently an Associate Research Scientist and the Director of Strategic Partnerships at Organizational Wellness and Learning Systems in Fort Worth, TX. Past projects include studies of the health and well-being of youth from military families and community capacity building in addition to designing and implementing behavioral health interventions for the U.S. Air Force. Dr. Linde has expertise in Motivational Interviewing and Screening, Brief Interventions and Referral to Treatment (SBIRT) in a variety of settings and populations.



Ashley Lopez, KUT/Texas Standard: Ashley Lopez is a senior reporter for KUT Public Media, Austin's NPR affiliate. She covers politics and health care, and is part of the NPR-Kaiser Health News reporting collaborative. Previously she worked as a reporter at public radio stations in Louisville, KY; Miami, and Fort Myers, FL, where she won a National Edward R. Murrow Award for a story about an immigration policy that was failing some undocumented domestic abuse victims. She earned her bachelor's degree in journalism and political science from the University of North Carolina at Chapel Hill.



Dr. Esteban Lopez, Chief Medical Officer & Market President, Southwest Texas, Blue Cross and Blue Shield of Texas: Esteban López, MD, MBA serves as the newly appointed Chief Medical Officer for Blue Cross and Blue Shield of Texas. In addition to serving as the executive sponsor for Texas Government Programs, Dr. López leads the Community Investment Department in its long-term strategy to improve public health. Previously, Dr. López worked as a practicing physician with nearly every hospital system in the San Antonio community, and he was one of 61 leaders in the nation to join the prestigious ranks of the Presidential Leadership Scholars program. Dr. López is dual board certified in both Internal Medicine and Pediatrics and received his training at the UT Health Science Center at Houston. He holds degrees from the University of California at Santa Cruz and Michigan State University's College of Human Medicine, in addition to a Master's in Business Administration from a combined program at the UT at Dallas and UT Southwestern School of Medicine.



Steve Love, President/CEO, Dallas-Fort Worth Hospital Council: Mr. Love is currently President and Chief Executive Officer of the Dallas-Fort Worth Hospital Council which promotes collaboration, cooperation and advocacy on behalf of its 90 member hospitals. The Hospital Council also has approximately 100 Associate Members (business and industry), including prominent accounting, legal and consulting firms. The primary mission is to promote patient safety, quality healthcare and coordination in the delivery of healthcare within the North Texas market. He served as 2015 Chair for the Conference of Metropolitan and Regional Hospitals Association in the United States. Mr. Love currently serves on the American Hospital Association Regional Policy Board 7, the Policy Committee on Trauma and Emergency Services of the Texas Hospital Association, American Heart Association Board for Dallas Division, the Dallas-Fort Worth Hospital Council Education and Research Foundation Board of Directors, the School of Public Health, Master of Health Administration (MHA)

Professional Advisory Committee for Texas A&M, Board of Directors for YMCA of Metropolitan Dallas, Texas, the North Texas Advisory Board for Children at Risk and the Board of Directors of Prism Health North Texas and Mothers Against Drunk Driving Dallas. He is also a member of the University of Texas Arlington Health Care Administration Advisory Board. He serves as an Ex-Officio Board Member for the North Texas Commission and on the Health System CEO Council for the Dallas Regional Chamber. He also serves on the Advisory Board of the Cure Glaucoma Foundation. Mr. Love served as the 2014 Chair for March for Babies for the March of Dimes in Dallas and Fort Worth, and currently serves as Chair for Healthy North Texas for the American Heart Association. He serves on the Nursing Advisory Council for The University of Texas at Arlington (UTA) School of Nursing and the Advisory Board for the North Texas Eye Research Institute. Mr. Love has worked in healthcare management for over 40 years. He has demonstrated leadership in tax exempt, investor-owned, specialty and private hospitals in operations, finance and corporate governance. He began his healthcare career in 1975 at a 450 bed tax exempt facility located near Richmond, Virginia. He has served in various capacities of healthcare management at the hospital, division and corporate levels. Prior to joining the Dallas-Fort Worth Hospital Council, Mr. Love was Senior Vice President and Chief Financial Officer of a Fortune 500 healthcare company that owned over 50 hospitals and managed approximately 200 facilities in the United States. Mr. Love graduated from Virginia Polytechnic Institute and State University in 1973 with a B.S. degree in Business Administration. He and his wife Rebecca have been married for over 35 years and reside in Dallas, Texas.



Melissa Lupo, MPA, ACSM, EP-C, Wellness & Health Risk Management Consultant: Ms. Melissa Lupo is a Wellness and Health Risk Management Consultant for Higginbotham. Prior to joining Higginbotham, she managed the Exercise Testing Laboratory at Pennington Biomedical Research Center in Baton Rouge, Louisiana. She specializes in managing sports performance research trials, implementing employee wellness programs, race coordination, and event planning. Ms. Lupo holds a Bachelor of Science in Kinesiology with a concentration in Fitness Studies and Nutritional Sciences, as well as a Master of Public Administration with a concentration in Healthcare Administration from Louisiana State University. She is also an American College of Sports Medicine certified Exercise Physiologist/Health Fitness Specialist.



Dr. Jeremy Lyon, President, Youth Division: Dr. Jeremy Lyon retired from public education after 31 years of service in 2017 to join The Cooper Institute's Youth Division. During his career, Dr. Lyon has served as a teacher, coach, principal, and for 14 years as a superintendent. He retired as superintendent of Frisco ISD, one of the highest performing, fastest growing school districts in the nation with over 56,000 students. During his tenure in Frisco, he was part of the private-public leadership team that brought the Dallas Cowboys corporate headquarters and indoor stadium to Frisco. The partnership provides unparalleled academic, fine arts, and athletic opportunities for Frisco students. Dr. Lyon received his Bachelor of Science degree from Texas A&M University and his doctoral degree in educational administration from the University of Texas. He was a fellow of the Cooperative Superintendency program at U.T. Dr. Lyon received the Nolan Estes Leadership Ascension award in 2009 from the University of Texas Department of Education. In 2012, he was recognized by the

American School Health Association as the recipient of the National Superintendent's School Health Leadership award. Dr. Lyon is the first school superintendent to serve on an affiliate board of the American heart Association. He is passionate about improving student and staff fitness and health within schools and school districts.



Dr. Mike Mackert, Director, University of Texas Center for Health Communication: Dr. Michael Mackert is the Director of the University of Texas Center for Health Communication. His research focuses primarily on the strategies that can be used in traditional and new digital media to provide effective health communication to low health literate audiences. He is the author of *Designing Effective Health Messages*.

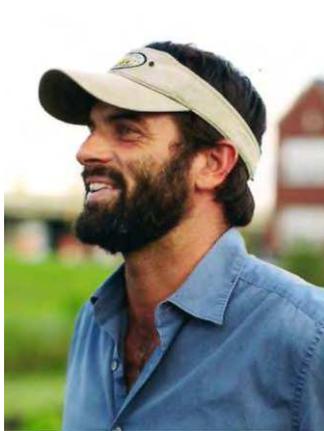


Elena Marks, CEO, Episcopal Health Foundation: Elena M. Marks is the President and Chief Executive Officer of the Episcopal Health Foundation, a \$1.2 billion philanthropy based in Houston, Texas. The foundation works to improve the health and well-being of the 11 million people of the Episcopal Diocese of Texas, which covers 57 counties in east, southeast, and central Texas including Austin, Houston, Beaumont, Lufkin, Tyler, Waco and Bryan/College Station. Ms. Marks is also a nonresident Fellow in Health Policy at Rice University's Baker Institute for Public Policy where her work focuses on health reform and access to care for low income and uninsured populations. She serves on the boards of Grantmakers in Health, the largest national organization serving the field of health philanthropy, Harris Health System, a public hospital systems serving over 300,000 patients annually, and Community Health Choice, a nonprofit, community-based health insurance company with over 400,000 members. Ms. Marks holds a Bachelor's degree from Emory University, a law degree from the

University of Texas School of Law, and a Master's in Public Health from the University of Texas School of Public Health. Ms. Marks' previous professional experience includes serving as the Director of Health and Environmental Policy for the City of Houston; consulting in the healthcare industry with large systems and community-based providers; starting and directing a successful legal placement firm; and practicing trial and appellate law with major Texas law firms.



Kourtney Martin, Employee Wellness Coordinator, Strategic Programs, Texas A&M University: I am a seasoned Group Fitness Instructor with diverse experience in the areas of Exercise Physiology and Health Education. My professional education and training includes a Bachelor of Science in Exercise Physiology, a Master of Science in Health Education, and a Certificate in Nonprofit Management, which all involve studies related to health, wellness, and administration. As the Employee Wellness Coordinator for Texas A&M University I am responsible for administering the university's official wellness program using a comprehensive and holistic approach to employee well-being. Using evidence-based knowledge of health and wellness, I perform all program development, implementation, and evaluation of wellness programs for Texas A&M University.



Edwin Marty, Food Policy Manager, City of Austin: Edwin Marty is the Food Policy Manager for the City of Austin's Office of Sustainability. Edwin earned a BA in Anthropology from the University of Oregon and completed an "Apprenticeship in Agroecology" from the University of California, Santa Cruz. He was the founder and director of the nonprofit Jones Valley Teaching Farm located in Birmingham, Alabama and co-authored a book about urban farming called Breaking Through Concrete.



Amy McGeady, PhD, Vice President, Mission and Strategy IT'S TIME TEXAS: Amy is a strategic thinker who loves helping great organizations grow to their full potential. Before joining IT'S TIME TEXAS, she spent 15 years helping a diverse group of companies and organizations win billions of dollars in new and repeat business. She is a dynamic speaker who has delivered keynote addresses, lectures, and workshops for clients and organizations nationwide. Throughout her career, she has helped individuals, teams, and organizations work together to develop solutions to complex problems. In her role at IT'S TIME TEXAS, Amy is helping the organization create, communicate, implement, and sustain strategic initiatives that advance our mission and help us grow and expand our reach. She keeps the team focused on measuring results and enhancing our efforts to improve the health and wellness of Texans throughout the state. Amy earned her master's and doctorate degrees from Purdue University and her bachelor's degree from the University of Texas at Austin. She has served on

several nonprofit boards of directors and currently serves on the board of Wonders & Worries. Amy and her family love to travel and experience different food, cultures and ways of life.



Chancellor Bill McRaven, Chief Executive Officer, University of Texas system:

University of Texas System Chancellor William H. McRaven, a retired U.S. Navy four-star admiral, leads one of the nation's largest and most respected systems of higher education. As the chief executive officer of the UT System, Chancellor McRaven oversees 14 institutions that educate 221,000 students and employ 20,000 faculty and more than 80,000 health care professionals, researchers and staff.

Since he became chancellor in January 2015, Chancellor McRaven has recommitted the UT System and its institutions to improving the lives of Texans and people all over the world through education, research and health care.

McRaven's ambitious vision for the UT System includes nine ["Quantum Leaps,"](#) that address many of the most significant challenges of our time, including building the nation's next generation of leaders through core education in leadership and ethics; leading a brain health revolution by accelerating discoveries and treatments for neurological diseases; elevating higher education's role in national security; driving unprecedented levels of collaboration between higher and K-12 education; and increasing student access and success.

Prior to becoming chancellor, McRaven was the commander of U.S. Special Operations Command during which time he led a force of 69,000 men and women and was responsible for conducting counter-terrorism operations worldwide. McRaven also is a recognized national authority on U.S. foreign policy and has advised presidents George W. Bush and Barack Obama and other U.S. leaders on defense issues. And his book, "Spec Ops: Case Studies in Special Operations Warfare: Theory and Practice," published in several languages, is considered a fundamental text on special operations strategy.

McRaven's military legacy goes beyond strategy and warfare. As commander of U.S. Special Operations Command, McRaven spearheaded the creation of the Preservation of the Force & Family initiative to ensure the mental, spiritual and physical well-being of those who serve, as well as their families. His wife, Georgeann, has dedicated much of her career to playing a leadership role with military families and wounded warriors.

McRaven has been recognized for his leadership numerous times by national and international publications and organizations. In 2011, he was the first runner-up for Time magazine's Person of the Year and was named Texan of the Year by the Dallas Morning News. In 2012, Foreign Policy magazine named McRaven one of the nation's Top 10 Foreign Policy Experts and one of the Top 100 Global Thinkers. In 2014, Politico magazine named McRaven one of the Politico 50, citing his leadership as instrumental in cutting through Washington bureaucracy.

He also has received the Republic of France's Legion d'Honneur, the Federal Law Enforcement Officers Association's National Award and the National Intelligence Award.

More recently, in 2015, the Intrepid Sea, Air & Space Museum selected McRaven to receive the Intrepid Freedom Award for his distinguished service in promoting and defending the values of democracy. Also in 2015, he was presented with the Distinguished Service Award from the FBI Agents Association, which represents more than 13,000 active and retired FBI Special Agents. In 2016, McRaven was named the recipient of the Ambassador Richard M. Helms Award by the Central Intelligence Agency Officers Memorial Foundation.

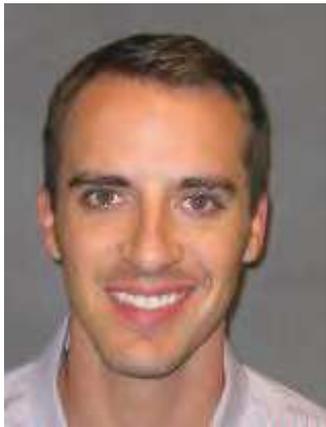
Born in North Carolina, the son of an Air Force colonel, McRaven spent most of his childhood in San Antonio where he graduated from Roosevelt High School.

McRaven graduated from The University of Texas at Austin in 1977 with a degree in journalism and received his master's degree from the Naval Postgraduate School in Monterey in 1991. In 2012, the Texas Exes honored McRaven with a Distinguished Alumnus Award.

He met his wife, Georgeann, while they were students at UT Austin, and they have three grown children.



Shelby McGhee, MPH Student, UT School of Public Health: Shelby McGhee is a second year MPH student at the UT School of Public Health with a focus on Health Promotion and Behavioral Science. As a graduate assistant for IT'S TIME TEXAS, she researches community health collaboratives. Additionally, she works for The Arc of the Capital Area conducting a needs assessment of health and wellness initiatives for individuals with intellectual and developmental disabilities.



Patrick Mercer, Wellness Director, Frost Insurance: Patrick serves as the statewide Wellness Director for Frost Insurance Agency. After receiving his Bachelor's degree from Concordia University, he served as the Director of Continuing Education and Exercise Programming for Human Machine Athletics prior to joining Frost in 2013. He has earned his Certified Wellness Practitioner (CWP) designation, is a Certified Strength and Conditioning Specialist (CSCS), and recently became Precision Nutrition Level 1 (Pn1) Certified. In his current role, Patrick assists Frost Insurance customers in their efforts to plan, design, and implement award winning worksite wellness programs. A corporate and community advocate for well-being, Patrick guides Frost Insurance's involvement and partnership with the Austin Mayor's Fitness Council and Austin Business Group on Health. Today, he continues to provide nutritional consultation and life coaching, instruct personal training sessions, and implement health and wellness programs that enhance the quality of life, increase productivity, motivate behavior change, and ultimately lower healthcare costs.



Tessa Merritt, Baylor University: Tessa is a senior at Baylor University. She plans to graduate in May of 2018 with a B.S. in Biochemistry and minor in Leadership Development. After this she will continue on to osteopathic medical school, with the intention of becoming a Pediatric Oncologist. In her time at Baylor she has served in many capacities but has been extremely involved in the Baylor Peer Leader Program as a Health and Wellness Peer Leader. This experience along with her future plans have aided in forming her passion for understanding health, and recognizing that health is the basis for happiness and success in every other aspect of life.



Lily Mitchell, Director of Quality at People's Community Clinic: Lily Mitchell, RN, MSN serves as the Director of Clinical Quality at People's Community Clinic. Lily joined People's Community Clinic in 2016 and works to help staff provide better care to patients and improve their own daily work. She studied public health nursing at UT Austin after getting her undergraduate degree in human biology at Stanford. Before joining PCC, Lily worked as a bedside nurse at University Medical Center Brackenridge and on the clinical team for the Texas Association of Community Health Centers (TACHC), the membership organization for federally qualified health centers in this state.



Dr. Robert Morrow, Southeast Texas Market President, Blue Cross and Blue Shield of Texas: Dr. Robert Morrow serves as the market president of Houston and Southeast Texas at Blue Cross and Blue Shield of Texas (BCBSTX). In his role he works with sales and account management, network, policy development, government and community relations as well as internal and external communications to help provide financially sound health care coverage to as many Texans as possible and to stand with members in sickness and in health. He most recently served as the region's Chief Medical Officer. Prior to his time at BCBSTX, Dr. Morrow served as the Director of Medical Quality for the Rural and Community Health Institute of the Texas A&M Health Science Center and was recently asked to sit on their Board of Advisors. His previous experience also includes experience as the Chief Medical Officer for Memorial Hermann Southwest Hospital in Houston and practicing privately in Family Medicine. Dr. Morrow is a graduate of the Memorial Hermann Southwest Family

Practice training program in Houston and the University of Texas Medical School at Houston. He completed his undergraduate studies at Texas A&M University and received a Master of Business Administration degree from the University of Tennessee. Dr. Morrow was recently elected to the Greater Houston Partnership's Board of Directors and chairs the Health Care Advisory Committee. As a champion for public health, he is on the Board of Directors for the Houston Division of the Southwest Affiliate of the American Heart Association. He also sits on the University of Texas School of Public Health Fleming Center Board and the Board of Affiliates for the Professional Science & Engineering Master's Program at Rice University. In addition, Dr. Morrow serves as Chairman of the Board of the Texas Medical Foundation, Health Quality Institute. He has been an active member of the Texas Medical Association (TMA) throughout his career where his involvement includes serving in a number of leadership positions including: Chair of the Council on Public Health as well as a member of the Councils on Legislation and Medical Education. Currently he serves on the Council on Health Care Quality. Dr. Morrow is a member of the TMA House of Delegates and recently completed 14 years as a delegate to the American Medical Association (AMA). He was also recently asked to serve on the new TMA-Practice Edge LLC Board of Directors.



Katie Mulholland, Planner, City of Austin: Katie is an Urban Planner in the Urban Design Division in the Planning and Zoning Department. Katie fell in love with walking, while getting her undergraduate degree at UW-Madison and studying and working abroad. She came to Austin to pursue a master's in planning to build walkable communities for all. Katie became hooked on tactical urbanism at her first Park(ING) Day and later while putting on a Better Block in Houston. Both demonstrations events transform underutilized areas with activities, such as "pop up" parks, businesses, music, and food. Katie moved back to work at the City of Austin, where she has specialized in interactive community engagement and tactical urbanism interventions. Recent demonstration projects including a "pop up" park at a library, the Burnet Road Better Block, and a "pop up" plaza at South Congress and Barton Springs Road.



Kaitlyn Murphy, Senior Government Relations Director, American Heart Association



Dr. Ricardo Nuila, Assistant Professor of Medicine, Medical Ethics, and Health Policy, Baylor College of Medicine: Ricardo Nuila is a healthcare journalist and internist at Houston's largest safety net hospital. He covered the medical response to Hurricane Harvey for *The New Yorker*. His work on health disparities has appeared in numerous publications, including *The New York Times*, *The New England Journal of Medicine*, *The Atlantic* online, and the *Virginia Quarterly Review*. He is the current Dobie Paisano Fellow, thanks to the good folks at the UT Austin Graduate School and the Texas Institute of Letters. Medically, Ricardo works as a hospitalist and teaches internal medicine to residents and students. He is an assistant professor of medicine, medical ethics, and health policy at Baylor College of Medicine, where he co-directs the Program in Narrative Medicine. Ricardo has also published medically-based fiction in *Best American Short Stories*, *McSweeney's*, and *Guernica*. *The New England Review* awarded him its inaugural Emerging Writer's Award.



Stacy Ogbeide, PsyD, MS, Behavioral Health Consultant, Licensed Psychologist, and an Assistant Professor in the Department of Family and Community Medicine, School of Medicine, University of Texas Health San Antonio: Dr. Stacy Ogbeide, PsyD, MS is a Behavioral Health Consultant and Licensed Psychologist in an integrated primary care behavioral health setting and an Assistant Professor with the Family Medicine Residency Program in the Departments of Family and Community Medicine and Psychiatry at the University of Texas Health Sciences Center San Antonio. Dr. Ogbeide also serves as the Co-Chair for the Primary Care Behavioral Health Special Interest Group for the Collaborative Family Healthcare Association as well as a consultant for the Greater Houston Behavioral Health Affordable Care Act Initiative, which focuses on enhancing and increasing the delivery of integrated health care services in Greater Houston and throughout the state of Texas. Her professional areas of interest include: primary care psychology, the integrated Primary Care Behavioral Health (PCBH) model, behavioral medicine, geropsychology, and education and training of health professionals.



Laura Olson, Family Service Coordinator, Success by 6 United Way for Greater Austin: Laura Olson is an experienced early childhood professional with over 20 years in the field. As a program coordinator for United Way for Greater Austin's Success By 6 team she has developed programs and convened stakeholders to support optimal early development. Her primary focus is on family and provider engagement around increased physical activity and nutrition education aimed at obesity prevention and reduction in childcare, school, community and family environments. She is the Project Manager for OLE Texas! In Austin as well as the Early Childhood Sector Manager for GoAustin!VamosAustin! community health initiatives championing early childhood wellness and outdoor play.



Dan Oppenheimer, Senior Communications Lead, Population Health, Office of Health Affairs, UT System: Daniel Oppenheimer joined the UT System Population Health initiative in 2016 to oversee communications. He received his MFA in nonfiction writing from Columbia University, and is the author of *Exit Right: The People Who Left the Left and Reshaped the American Century* (Simon & Schuster 2016). Before coming over to UT System he was Director of Strategic Communications for the Hogg Foundation for Mental Health at The University of Texas at Austin. As a freelance writer and short documentary filmmaker, his articles and videos have been featured in *The New York Times*, *The Atlantic*, *The Washington Post*, *Tablet Magazine*, the *History News Network*, and *Salon.com*.



Becky Pastner, MPAFF, Chief Metrics and Impact Officer: Becky has been with the Foundation since 2006, previously serving as the Program Officer for Healthy Minds and Senior Capacity Building Officer. Prior to her role at the Foundation, Becky worked at the Political Asylum Project of Austin (now American Gateways), Texas Freedom Network, Children’s Hospital Association of Texas, and Office of U.S. Senator Patrick Leahy. Becky received her B.A. in Political Science from Haverford College in Pennsylvania, and her MPAff from the LBJ School at the University of Texas at Austin, where she focused on health and social policy and received a certificate in nonprofit management.



Stephen Pont, MD, MPH FAAP, University of Texas Dell Medical School: Since returning to Austin nearly a decade ago Dr. Pont has worked to improve the health of all in Central Texas, with an intentional focus on the underserved. Recognizing the need for tertiary care childhood obesity programs, Dr. Pont co-founded Dell Children's Texas Center for the Prevention and Treatment of Childhood Obesity, which strives to empower families and communities to lead healthy, happy lives through a bilingual interdisciplinary weight management clinic, individual and group family-based programs, and various education, advocacy and research initiatives. Through Dr. Pont and his team's work Dell Children's became the first Seton facility to have a vegetable garden, an associate gym, and associate fitness classes. Dr. Pont and team also worked with It's Time Texas to create and launch the novel Choose Healthier app and website. Dr. Pont leverages national initiatives to bring additional cutting-edge resources to improve health locally. Nationally, Dr. Pont co-founded and served

as the inaugural chair of the American Academy of Pediatrics Section on Obesity. Dr. Pont was a co-investigator on the CDC funded Texas Childhood Obesity Research Demonstration Project that funded a systems-based childhood obesity intervention linking primary care offices, schools, YMCAs, and community-based interventions in Houston and Austin. This grant led to the enhancement, pilot testing, and distribution of the Next Steps resource suite of tools for theme-based visits for childhood obesity, now available through the American Academy of Pediatrics. Dr. Pont also served as the medical director for Austin ISD Student Health Services and as the medical director for children's health for the Community Care Collaborative. Dr. Pont is an Assistant Professor of Pediatrics with UT Austin Dell Medical School, and UT-Austin Departments of Advertising and Nutrition, and a Clinical Associate Professor with Texas A&M Health Science Center. Connect with Dr. Pont on Twitter: @DrStephenPont



Emilie Potter, Population Health Scholar: Emilie Potter is a graduate student in the Landscape Architecture program at The University of Texas at Austin School of Architecture. She is interested in how design can be a solution to the challenges that communities face around physical, mental, and social well-being. Currently, she is working with UT System Population Health on various mapping and visualization projects. She received her bachelor's degree in Geography from The University of British Columbia in 2014.



Meredith Powell, CoFounder, Public City: Passionate about people and community and fascinated by the rapid urbanization of our cities, Meredith Powell has spent her career working to enhance community and economic vibrancy through integrating art and contemporary cultural experiences in the urban environment. Founding Public City in 2013, Powell's work is focused on place-based, culture-driven community development and engagement strategies, programs and activations. With a particular focus on places and communities in transition, her work ranges from the citywide to district scale. Before Public City, Meredith led Art Alliance Austin in launching award-winning programs and initiatives, including large-scale multi-site cultural events, temporary public art and design projects, and consulting on culture-led economic and community development strategies. As an artistic director, Meredith has collaborated with and commissioned acclaimed Austin-based and international curators, artists, and designers, earning numerous awards and

recognition for artistic excellence including multiple projects selected for the American Pavilion at the Venice Architecture Biennale (2012), Austin Chronicle's Best Public Art (2011, 2010), AIA Design Awards Special Recognition (2009) and the Austin Critics Table Best Independent Project (2008). Her work has been featured on the cover of Urban Land Magazine, Austin American-Statesman and the Austin Chronicle and she's received impact awards from the City of Austin (2013) and the Downtown Austin Alliance (2008). Starting her career in the tourism industry, she's rooted in a deep understanding of the direct relationship between a vibrant creative economy and quality of place. Powell is a graduate of the University of Texas at Austin Moody College of Communications (1999) and Leadership Austin (2012). She currently serves on the Board of Directors for CNU-CTX, Evolve Austin and Austin Community Design and Development Center. Powell is inspired by what's next for Public City, the cities she serves and the incredible city she calls home.



Rucker Preston, Executive Director, Texas Christian Community Development Association: Rucker Preston is the Executive Director for the Texas Christian Community Development Network. Previously, Rucker was the Executive Director for Helping Hands Ministry in Belton, where he served for 10 years. He received his Masters of Social Work from the Diana R. Garland School of Social Work at Baylor University in 2016, where he is now a part-time faculty member. Rucker's passion is social justice & advocacy; he has worked on payday & auto title lending reform at the local, state, and national levels. Originally from Fort Worth, he and his bride, Kim, live in Belton, TX with their two boys, London and Landry.

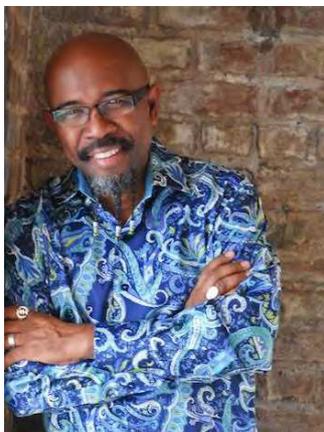


Kendall Ramirez, Chief Experience Office, ACAP Health: As the Director of Engagement at ACAP Health, Kendall leads marketing, communication and customer experience initiatives for the organization and the solutions it offers, such as Naturally Slim. Prior to joining ACAP Health, Kendall was the Director of Customer Experience Marketing at Southwest Airlines. Kendall and her team were responsible for ensuring the entire customer experience was an appropriate reflection of the Southwest brand and helped drive customer evangelists. From the first communication that inspired a trip, through booking a reservation and taking the trip, Kendall's team was responsible for engineering the customer experience and making every communication as engaging as possible. Before joining Southwest Airlines in 2008, Kendall was the Director of Relationship Marketing at imc2, an interactive marketing agency, where she helped clients develop effective targeted communication and loyalty programs. Her clients included brands such as NCL, Lean Cuisine, My M&Ms, and multiple P&G brands.



Karen Ranus, Executive Director, National Alliance on Mental Illness Austin:

Karen Ranus is the Executive Director of the Austin affiliate of the National Alliance on Mental Illness (NAMI). She sits on the Children’s Mental Health Plan Leadership Team, the Board of the Mayor’s Health and Fitness Council, the Travis County Behavioral Health Advisory Committee and co-chairs the Austin Area Partnership for Mindful Health. She has been featured as a guest columnist on mental health issues in the Austin American-Statesman, Austin MD Magazine and The Daily Texan and is a frequent speaker in the community on mental health topics. She is the mother of three college-age daughters who live with mental health issues and often shares her story in the community to help dispel myths and start positive mental health conversations.



Rev. Rudy Rasmus, Pastor, St. James UMC Downtown:

Rudy Rasmus is a pastor, author, and a humanitarian with a passion for outreach to the world’s most challenged communities. From Rudy’s previous life of owning and operating a “borderline bordello,” today he co-pastors the St. John’s Church in Downtown Houston with his wife Juanita. A church that began with 9 existing members in 1992, St. John’s has grown to thousands where every week people of every social and economic background share the same pew. He attributes the success of the church to a compassionate group of people who have embraced the vision of tearing down the walls of classism, sexism, and racism and building bridges of unconditional love, universal recovery, and unprecedented hope. Pastors Rudy and Juanita founded the Bread of Life, Inc. (a not for profit corporation) with Juanita in December of 1992 and began serving 500 meals per day to the homeless in the sanctuary at St. John’s. Years later the Bread of Life has changed the landscape of Downtown Houston providing an array of services to homeless

men and women. The project also distributes over 9 tons of fresh produce weekly to hungry families. St. John’s is one of few faith communities in the U.S. providing HIV/AIDS testing to churchgoers on Sundays through the innovative “Get Tested Project.” For many years Pastor Rudy has coordinated domestic and global anti-hunger initiatives in conjunction with Beyoncé’s concert tours and travels extensively developing and supporting programs around the world for people experiencing poverty. Today, with a focus on social impact investing, the Bread of Life owns and operates Eco Life Employment LLC, a digital employment and staffing agency for men and women with troubled past lives and the Amazing KMAZ 102.5fm radio station.



Mari Robinson, UTMB Director of Telehealth:

Mari Robinson recently joined University of Texas Medical Branch as the Director of Telehealth. In that role, she is assisting with the roll out of the Virtual Health Network, a project to link all UT systems medical campuses to allow for the shared provision of telemedicine throughout the state. Prior to joining UTMB, she was Executive Director for the Texas Medical Board, a role in which she oversaw the agency in general, as well as in particular the legal and administrative issues within the agency, to include a staff over 200, and a budget of over 22 million dollars. Before that, she worked for a short time in private practice in the area of civil litigation as well as for the Attorney General’s Office. She has a law degree from The University of Texas School of Law, and has previously served as an adjunct instructor in the school’s advocacy program.



Lourdes Rodriguez, DrPH, Director, Center for Place-Based Initiatives, Associate Professor, Department of Population Health: A veteran of the New York State Health Foundation whose past experiences include supporting neighborhood-level interventions to increase healthy food options will lead the Dell Medical School's Center for Place-Based Initiatives, part of the Department of Population Health.

Lourdes Rodríguez, DrPH, will serve as founding director of the center, which aims to enable and expand community-based programs that improve health and health care for vulnerable people across the community and the region.



Marissa Rodriguez, RD, LD, CDE: Marissa Rodriguez received her Bachelor's degree in Food & Nutrition from Texas State University and has over 13 years of experience working as a clinical dietitian in variety of healthcare settings. She is also a certified diabetes educator and heads the Diabetes Self-Management Education program at CommUnity Care Health Centers where she also teaches classes and consults with patients. When she is not working, she enjoys reading, hiking, yoga, live music, and family time.



Joel Romo, President at Texana Public Affairs: Joel Romo is President & founder of Texana Public Affairs which focuses on local, state and federal legislative affairs. Joel possesses over 25 years of experience at the Texas Legislature and has worked closely with numerous regulatory bodies impacting, education, health, and higher education. Prior to forming Texana Public Affairs, Romo worked on behalf of the American Heart Association for over ten years shaping and promoting policies at the local, state, and federal level to advance the American Heart Association's battle against cardiovascular disease and stroke.. Capitol Inside, a non-partisan online Texas political newsletter, has recognized Romo as one of the top ten non-profit lobbyist for the last six years. Romo's budgetary experience has resulted in preserving of various programs for children's health, community college funding and the advancement of obesity and cardiovascular disease initiatives.



Dr. Deborah Salvo: Assistant Professor, Epidemiology, Human Genetics, & Environmental Sciences, MSD Center: Dr. Deborah Salvo is an Assistant Professor of Epidemiology at the University of Texas Health Science Center at Houston (UTHealth) School Of Public Health in Austin. She is also an Adjunct Researcher and Faculty Member at the National Institute of Public Health of Mexico (INSP). Dr. Salvo joined UTHealth School of Public Health in January, 2015 as a Postdoctoral Research Fellow with the Michael & Susan Dell Center for Healthy Living. Prior to this, she worked as a Biomedical Research Associate at the Stanford Prevention Research Center. She earned her PhD in Biomedical Sciences (Nutrition and Health Sciences, Epidemiology and Public Health track) from Emory University in 2013, and served as the Co-Principal Investigator for the IPEN study in Mexico (IPEN: International Physical Activity Environment Network). Her research interests center in the reduction of health disparities and promotion of health equity through the understanding the context-specific

relations between physical activity and the built environment; documenting and ameliorating spatial health disparities; and using and improving objective measures to quantify physical activity and built environment features.



Kathryn Scoblick, Director for Employer Health and Wellness, St. David's HealthCare: Kathryn Scoblick works as Director of Employer Health and Wellness for Austin based St. David's HealthCare, working with employers on wellness strategies and employee engagement. She serves on the board of directors for both the Austin Mayor's Health and Fitness Council and the Austin Metropolitan YMCA, and is a graduate of the 2015 Leadership Austin Essential Class. Kathryn is owner of Health Inspires, where she works as a certified health and wellness coach, helping people master their wellbeing and reach their full potential. She is author of Health Inspires™: Your Way to Sustainable Weight Loss, sharing a step-by-step and personalized approach to wellbeing and sustainable weight loss. She is wife to John Scoblick for 22 years and mother to 16-year-old twin boys, Luke and Dayne.



Nirav Shah, Director, Social Finance: Nirav is a Director on the Social Investment team in the Austin office. Nirav works with nonprofits, governments, and private sector funders to develop and execute public-private partnerships to measurably improve the lives of people by scaling evidence-based social service programs. Nirav is working on projects to improve maternal and child health outcomes, expand access to permanent supportive housing for the homeless, and improving recidivism and workforce development outcomes for individuals with recent criminal convictions. Nirav has experience in the public and private sector. Prior to joining Social Finance, Nirav worked in the Office of Management and Budget within the Executive Office of the President. Nirav spent the early part of his career working for Cambridge Associates, an investment advisor, and Bank of America. Nirav holds a Masters of Public Affairs from the Lyndon B. Johnson School of Public Affairs and a B.S. in Business Administration with a concentration in Finance from Boston University.



Jeff Skelton, Director of Sales- Wellness and Biometrics, Health Advocate: Jeff Skelton has served as the Chairman of San Antonio's Mayor's Fitness Council (MFC). The MFC was established in 2010 by Mayor Julian Castro with the mission to reduce obesity and to lead San Antonio to be one of the healthiest and most active communities in the nation in which residents, groups, and organizations work collaboratively to achieve targeted health and fitness goals. The San Antonio MFC is also the lead partner agency for the SA2020 health and fitness vision area. The MFC includes representative from local nonprofits, business, city government, health systems, schools and universities. Jeff was a part of the MFC Student Ambassador Program who hosted the MFC Map It! Of 2014. Training to work with student ambassadors to review their Campus Roadmap assessments that they performed at their school campuses and in their communities and to encourage ambassadors to come up with a project that focused on implementing a strategy of health, wellness or physical activity into their

communities or school campuses by April 2015. The event featured motivating guest speakers that are well known throughout the San Antonio community to engage students and inspire them to come up with projects that could really make a difference in their communities. This event was very successful in engaging student ambassadors, campus mentors, parents and community mentors in great training exercises and learning segments that inspired creative, effective and manageable action plans that ambassadors were able to think out the action steps and follow after the training to work on implementing their campus and community projects.



The Reverend Doctor Fred Douglas Smith Jr., Ph.D, Director of the Doctor of Ministry Program, Houston Graduate School of Theology: Reverend Dr. Fred D. Smith Jr., has over 30 years as an Educator, Strategist, Facilitator and Innovation in the field of Faith and Health. Serves as Director of Doctor of Ministry and Professor of Public Theology at Houston Graduate School of Theology. As Faith and Health Consultant and Senior Scholar for Methodist Le Bonheur Healthcare System, participated in the development of the Memphis Model. As Educational Consultant to Wake Forest Baptist Medical Center FaithHealth Division consulted on the development of FaithHealthNC developed of FaithHealth Fellows program for the state North Carolina. Formerly served as Associate Director of the Interfaith Health Program where he participated in the development of such programs as Not Even ONE-Kids and Guns; Whole Communities Collaborative; Faith and Health Consortium and the Institute for Faith and Public Health Collaboration. Recently retired Professor of Urban

Ministry and Associate Director of the Practice of Ministry and Mission at Wesley Theological Seminary in Washington DC he taught and developed Masters and Doctorate level courses in Faith and Health.



Lorena Soto, Health Partnership Organizer, VISTA: Lorena Soto is a first generation American born in El Paso. She served 7 years in the United States Air Force, affording her the opportunity to experience life outside of her border town. After a few years of travel, she found her way back to El Paso with a new found respect for her desert home. Lorena has invested her knowledge and military training by working with non-profits to better her community. Lorena is a presenter, facilitator and human rights activist. She creates custom presentations for organizations and business with topics ranging from leadership training, sensitivity training, diversity training, personal growth and development, teamwork, Having difficult conversations, etc. Lorena also facilitate conversations between management and staff or different departments to develop synergy and encourage teamwork and communication.



Dr. Andrew Springer, Associate Professor of Health Promotion and Behavioral Science: Andrew Springer, DrPH is a tenured Associate Professor of Health Promotion and Behavioral Sciences at the University of Texas School of Public Health-Austin, with over 15 years of experience in the design and implementation of child and adolescent health promotion programs and research. Dr. Springer completed his undergraduate studies at Wittenberg University in Ohio and graduate and post-doctoral studies at University of Texas School of Public Health (UTSPH) in Houston, Texas. He embraces an active community health praxis, which includes his role as co-chair of the Michael & Susan Dell Community Collaborative for Child Health and service on nonprofit boards that include Learn All The Time, a network of afterschool program providers. His research focuses on child and adolescent health promotion, with a specific interest in socio-ecological influences on physical activity and youth risk behavior.



Elizabeth Teisberg, Executive Director of the Value Institute for Health and Care: Elizabeth Teisberg, PhD, co-creator of the idea of value-based health care strategy, serves as Executive Director of the Value Institute for Health and Care. The Value Institute creates curriculum for transforming strategy, culture and measurement in health care to improve health outcomes and reduce costs. Its translational research puts into practice thought-leading work on value-based health care delivery. The Value Institute also provides leadership for Dell Medical School's patient outcome measurement. An internationally recognized author and professor, Dr. Teisberg has won the Wachovia Award for outstanding research, the Frederick S. Morton Award for Leadership, and the Book of the Year Award from the American College of Health Care Executives.



David J. Tesmer, Senior VP Community Engagement and Health Advocacy, Texas Health Resources: David J. Tesmer is the senior vice president of community engagement and advocacy, has more than 25 years of experience in public policy and stakeholder relations. Joining Texas Health Resources in 1995, he is responsible for providing strategic direction and management in the areas of public policy, stakeholder relations, community health improvement and faith and spirituality integration. Tesmer has held a variety of key leadership positions at the local, state and national level including serving as chair of the North Texas Commission and the Government Affairs Committee of Premier Inc. (Washington D.C). He is also a member of the American Hospital Association's Regional Policy Board. David has been recognized by Premier, AHA and THA for his outstanding advocacy efforts by receiving the Excellence in Advocacy Award, Most Valuable PAC Player and HOSPAC Star Award. Tesmer earned both his undergraduate degree in political science and master of public administration from Texas Tech University.



Evan Thoman, MS, CWP, CSCS, Wellness Specialist, MD Anderson Cancer Center: Evan Thoman serves as Wellness Specialist for The University of Texas MD Anderson Cancer Center. Since joining the MD Anderson team in 2016, his primary responsibilities fall within the following areas: Strategy, Program Development and Evaluation, Communication and Social Marketing, and Internal and External Collaboration.



Latoya Thomas, Director, State Policy Resource Center: Latoya Thomas is the Director, State Policy Resource Center for the American Telemedicine Association. In this capacity, she works with ATA members, affiliates, and state officials on legislative and regulatory issues affecting the use and deployment of telehealth services. Prior to joining the ATA, Latoya worked as an Associate Director of Government Affairs for the National Association for Home Care and Hospice to advance the use of technologies within the home health care industry, and also to ensure equitable access to health information technologies for all involved in the care continuum. She served as Research and Communications Strategist for the National HIT Collaborative for the Underserved (NHIT) to promote their core message of using health IT as a tool to reduce health disparities, and improve patient engagement and access to care. Latoya is a Howard University alumna.



Jennifer Todd, Principal Planner, CodeNEXT: Jenn loves collaboratively creating more vibrant, healthy, and sustainable communities through planning, urban design, and economic development projects. She began her career as a teacher in Camden, NJ; her students and their community ignited her passion for placemaking and planning. Jenn's planning experience includes working with District of Columbia Government on innovative proposals for repurposing public infrastructure, launching their first citywide sustainability plan, and advocating for the DC Streetcar. This was followed by a transition to working on sustainability initiatives and helping disaster-impacted communities diversify their economies with the International Economic Development Council. Eventually, Jenn found her way back to Austin and currently works with the City of Austin's Planning and Zoning Department where she is a staff lead for CodeNEXT, the City's initiative to rewrite the Land Development Code.



Ana Torres-Leon, MA, RD, LD: Ana Torres-Leon received her Bachelor's degree in Culinary Nutrition from Johnson & Wales University. After enjoying her time working in food service, she continued on to graduate school at Ball State University to complete a coordinated program, receiving her Master's degree in clinical nutrition and dietetics in order to enter the world of healthcare. She is currently a clinical dietitian at CommUnityCare Health Centers, where she has helped develop new programs for patients and the Austin community, including a hands-on learning cooking class series, called Healthy Chef. Outside of work she enjoys cooking, being active outdoors and travelling.



Clayton Travis, Advocacy Director, Texas Pediatric Society: Clayton joined the staff of the Texas Pediatric Society (TPS) in July of 2014 and has extensive experience advocating on behalf of children's health and mental health care needs. Prior to joining TPS, Clayton worked as an AmeriCorps VISTA coordinating services for homeless youth, a school counselor and a staff member in the Texas House of Representatives. Clayton recently completed a Hogg Foundation Mental Health Policy Fellowship with Texans Care for Children where he led policy efforts in children's health and mental health care coverage, effective implementation of the Affordable Care Act and responsible state budgetary policy. Clayton holds Bachelors degrees in Sociology and Religion from Austin College in Sherman, Texas, and a Masters of Science in Social Work from the University of Texas at Austin.



Barbara J Turner, MD, MSED, MACP, Founder, Center for Research to Advance Community Health (ReACH) and James D and Ona I Dye Professor of Medicine, Department of Medicine, School of Medicine, University of Texas Health San Antonio: Dr. Barbara J Turner MD, MSED, MA, MACP is a practicing general internist and health services/implementation science researcher focusing improving quality of primary care especially for vulnerable populations. She received her MD with honors at University of Pennsylvania (Penn) and completed her residency at Penn. She then completed research fellowships at St. Thomas Hospital in London and the Penn Clinical Scholars Program. She joined Thomas Jefferson University and rose to Professor of Medicine, and in 2000, returned to Penn as Professor of Medicine with tenure. She also served as Associate Editor of the *Annals of Internal Medicine* for eight years and became the Executive Deputy Editor in 2009. In 2010, she founded the Center for Research to Advance Community Health (ReACH) at the University of Texas

Health San Antonio where she now holds the title of James D and Ona I Dye Professor of Medicine. Her research has focused on studying models of care for patients with complex chronic diseases to identify those associated with the best outcomes. She has conducting numerous implementation studies, especially in primary care practices serving low-income populations, to improve delivery and outcomes of care. More recently, her work has involved partnering with stakeholders from vulnerable communities to help meet their priorities through primary care practice redesign. From federal, state, industry, and foundation grants, she has over 180 peer-reviewed publications on: HIV epidemiology and care models; use of administrative data to assess disease severity, cardiovascular and cancer prevention; substance use; complex chronic disease management; hepatitis C screening and linkage to care, chronic pain/opioid use; diabetes primary care practice redesign; and community engagement. Dr. Turner served as Regent of the American College of Physicians (ACP) and President of the Society of General Internal Medicine (SGIM). She was also Chair of HRSA's Advisory Committee on Training in Primary Care Medicine and Dentistry.



Dawn I. Velligan, MD, Professor and Director of the Division of Schizophrenia and Related Disorders in the Department of Psychiatry, School of Medicine, University of Texas Health San Antonio: Dr. Dawn Velligan Ph.D. is a Professor in the Department of Psychiatry, Chief of the Division of Community Recovery, Research and Training, and Henry B. Dielmann Chair at the University of Texas Health Science Center at San Antonio. She received her training in clinical psychology at the University of California and Mental Health Clinical Research Center for Schizophrenia in Los Angeles. In 1989, Dr. Velligan moved to Texas to assist in the development of a psychosis treatment and research unit. Dr. Velligan's internationally recognized research program focuses on the development and testing of psychosocial treatments to improve outcomes in schizophrenia. She developed Cognitive Adaptation Training (CAT) a unique treatment system designed to bypass the cognitive and motivational problems observed in serious mental illness and improve functional outcomes. Dr.

Velligan has dedicated her career to developing, and delivering state-of-the-art psychosocial treatments to make lives better for those with serious mental illness. Dr. Velligan's latest work has included the development of a Transitional Care Clinic (TCC) with a novel group intake format to ensure rapid access to care for individuals transitioning out of emergency departments or inpatient psychiatric units. The TCC has served as a model for overburdened mental health care systems across the country. Dr. Velligan is author of numerous publications in high impact journals and she has received grant funding from the National Institute of Health, The National Alliance for Research on Schizophrenia and Depression, industry and private foundations. She frequently serves as a consultant to industry and scientific investigators in the areas of symptom assessment, medication acceptance and follow through, cognition and outcomes.



Dr. Peter Wald, Enterprise Medical Director, USAA, Mayors Fitness Council of San Antonio: Peter joined USAA in December 2002. He is a physician executive with 30 years experience in population health care management, medical data infrastructure, and occupational and preventive medicine. In addition, he has published numerous peer reviewed articles in occupational medicine and toxicology, including the benchmark textbook "Physical and Biological Hazards of the Workplace." In 2006, USAA's Wellness Program "Take Care of Your Health" was the sole winner of the C. Everett Koop National Health Award. Peter is currently serving on the Executive Steering Committee of the Mayor's Fitness Council of San Antonio, and is the Past President of the San Antonio Business Group on Health. Peter's prior employers include ARCO where served as Corporate Medical Director; Mobil Oil, where he served as Western Region Medical Director, and Lawrence Livermore National Laboratory, where he served as Occupational Toxicologist & Assistant Medical Director. During his time

at ARCO he served as the head of the Medical Data Infrastructure Project for the Pacific Business Group on Health. He is Board Certified in Occupation Medicine, Internal Medicine and Medical Toxicology.



Joey Walker, MPH, Curriculum Director & Special Projects Manager, CATCH Global Foundation: Joey is the Curriculum Director & Special Projects Manager at the CATCH Global Foundation. She received her Master of Public Health from The University of Texas-Houston School of Public Health in 2001. Joey has been working with the CATCH Program for nearly twenty years in a variety of capacities. Prior to joining the Foundation fulltime, Joey was a Research Coordinator for the Michael & Susan Dell Center for Healthy Living at the University of Texas, School of Public Health-Austin Regional Campus. Joey is a CATCH Master Trainer in the CATCH Program, CATCH Early Childhood Program (CEC), and CATCH Kids Club (CKC) Program, and CATCH-MEND Physical Activity Program. She is involved in training school, early childhood, and after-school personnel in CATCH, CEC, and CKC in Texas and across the nation. Joey has been working with the CATCH Program training and assisting schools with the implementation of CATCH throughout her career.



Scott Wallace, JD, MBA, Managing Director, Value Institute for Health and Care, and Associate Professor: Scott Wallace, JD, MBA, plays an influential part in the transformation of America's health delivery. He recently served as Interim Chief Business Officer of Dell Medical School, where he is an Associate Professor. Leveraging business and health policy backgrounds, Wallace was appointed by Pres. George W. Bush to chair the Federal Commission on Systemic Interoperability, created to advise the White House and Congress on health transformation through Information Technology. He has held a number of senior leadership positions – as CEO of a specialty chemical company, co-founder of a venture capital fund, CEO of the National Alliance for Health Information Technology, and a transactional attorney at Kirkland & Ellis. He is also a Batten Fellow at the University of Virginia's Darden School of Business, previously served on the faculty for Harvard Business School's health care strategy executive education program, and was a Distinguished Fellow at Dartmouth's Geisel School of Medicine.



Freddy Warner, VP Government Affairs, Memorial Hermann Health System: Freddy Warner joined Memorial Hermann Healthcare System as System Executive for Public Policy & Government Relations, in 2008, and in 2015 was named Vice President of Government Affairs. Before joining Memorial Hermann, Warner spent more than twenty years as a senior campaign and policy advisor to members of the Texas Congressional Delegation and Texas State Senate, and the Texas Lieutenant Governor, and as an independent government relations, regulatory and business development consultant, representing a variety of clients before federal, state and local elective and regulatory bodies in Washington, DC and numerous US States. On behalf of his clients, and in addition to his legislative and regulatory assignments, Warner managed industrial development projects, developed and implemented community investment plans, strategic plans, and media and communications strategies, and specialized in environmental, natural resources,

extractive industries, consumer products, transportation, telecommunications, agricultural, arts and entertainment issues. A third-generation Houstonian, he returned to Houston in 2004, and spent three years as Vice President of Governmental Affairs for US Operations for CEMEX, the largest cement manufacturer, ready mix concrete, and building materials company in North America. He holds undergraduate degrees in Journalism and Political Science from Southern Methodist University, Dallas, TX, and a law degree from South Texas College of Law, Houston, TX.



Kirk Watson, State Senator: Kirk Watson is State Senator for District 14. He is a lawyer and former Austin Mayor. In addition, he is former Chair of both the Texas Advisory Board for Environmental Defense and the Greater Austin Chamber of Commerce. Senator Watson has been recognized repeatedly for his legislative work. In 2011 and 2013, Texas Monthly magazine recognized him as honorable mention in its coverage of the state's best legislators. In 2009, he was on the magazine's "10 Best" list, and was named its legislative "Rookie of the Year" in 2007. He also has earned numerous other endorsements, awards and recognitions, including "Austinite of the Year" by the Greater Austin Chamber of Commerce, Austin Family Magazine's "Favorite Local Hero," the "Best of Austin – Best Citizen" Reader's Choice Award from the Austin Chronicle, and the " Pro Texana – Medal of Service" from Baylor University.

Senator Watson served as chairman of the Texas Senate Democratic Caucus beginning in 2011 and continued in that position through the 2015 legislative session. He serves on the Senate committees overseeing Finance, Health and Human Services, Higher Education and Nominations. He is also a member of the Sunset Advisory Commission and the Select Committee on Government Facilities. Senator Watson is a past chair of CAMPO, the primary transportation planning agency for Central Texas.

In 2011, Senator Watson laid out 10 Goals in 10 Years to transform the health and economy of Austin and Travis County. Substantial progress has been made on each of the goals, including the creation of the Dell Medical School at the University of Texas and a new modern teaching and safety-net hospital, Dell Seton Medical Center at the University of Texas. Building on those successes, Watson is leading a community-based effort to develop a center for world-class brain health treatment, research and education. The American Medical Association recognized Sen. Watson's contribution to healthcare with the prestigious Dr. Nathan Davis Award for Outstanding Government Service in 2017.

In 1991, Senator Watson was appointed by Governor Ann Richards to Chair the Texas Air Control Board. He was Vice-Chair of the committee that oversaw the consolidation of the Texas Air Control Board with the Texas Water Commission and creation of the Texas Natural Resources Conservation Commission, now known as the Texas Commission on Environmental Quality.

Senator Watson graduated first in his law school class at Baylor University Law School in 1981. He served as Editor-In-Chief of the Baylor Law Review and clerked for the U.S. Court of Appeals for the Fifth Circuit. He was elected President of the Texas Young Lawyers Association and was named Outstanding Young Lawyer of Texas in 1994. He was named Young Baylor Lawyer of the Year in 1996 and has been selected by his peers to be listed in the publication Best Lawyers in America since 1997. He currently is a partner with the law firm Husch Blackwell, LLP.

Senator Watson served on the original Board of Directors for the Lance Armstrong Foundation and is a former member of the Board of Directors for the American Cancer Society, local chapter. He and his family have been active with the Juvenile Diabetes Research Foundation. He has served on several boards, including KLRU, Ballet Austin, El Buen Samaritano health clinic and the Community Partnership for the Homeless.

He is married to Liz McDaniel Watson. Kirk and Liz have two adult boys – Preston, who is married and lives in Austin, and Cooper, who is a student at Baylor University.



Todd Whitthorne, President, ACAP Health/Shareholder: Todd Whitthorne's goal is simple – help individuals and organizations improve their quality of life. As president of ACAP Health Consulting, he guides the company's product development, marketing and sales, and client consulting strategies in health and corporate wellness. Whitthorne is a nationally renowned health and wellness speaker and is frequently invited to present at conferences and events for audiences ranging from corporate to non-profit on topics such as healthy living, fitness, and corporate wellness. His highly sought-after presentations include, "Healthy Living: The Links to Personal and Professional Success"; "The ABCs of Nutritional Supplements"; "Fitness for Life"; "Building a Better Brain"; "How to Build Healthy Habits"; and "Corporate Wellness Pays Big Dividends." Prior to joining ACAP Health, Whitthorne spent 14 years as president and CEO of Cooper Concepts, Inc., a division of the Cooper Aerobics Center in Dallas, where he assisted organizations in developing strategies to increase employee health and productivity and decrease healthcare related costs. In addition, Whitthorne directed the in-residence, behavior modification program and the Cooper Complete nutritional supplement line. Whitthorne is an award-winning broadcaster who, for eight years, was the executive producer and host of Healthy Living with Dr. Ken Cooper, a nationally syndicated weekly radio program heard in 42 cities across the United States. Whitthorne holds a Bachelor of Science in kinesiology with an emphasis in exercise physiology from UCLA. He is dedicated to helping people live better and longer through proper exercise, nutrition, stress management, sleep and supplements. In constant pursuit of ways to enhance and share his knowledge of health and corporate wellness, Whitthorne is a member of the International Association for Worksite Health Promotion (IAWHP) and the American College of Sports Medicine.



Rep. John Zerwas, State Representative Chair, House Appropriations: Representative John Zerwas, M.D. is serving his sixth legislative term in the Texas House of Representatives. He proudly serves the citizens of Texas House District 28, which encompasses northwestern Fort Bend County and is currently one of the fastest growing regions in the State of Texas. Representative Zerwas currently serves as Chairman of the House Appropriations Committee. This is his first term to serve as the chair of this committee. Previously, Representative Zerwas served eight years on the House Appropriations Committee, four of which he served as chairman of the Appropriations subcommittee on health and human services. Zerwas is a member of the Legislative Budget Board, is past Chairman of the House Committee on Higher Education, and a past member of the House Committee on Public Health. A physician for more than 30 years, Representative Zerwas is one of four doctors in the Texas House of Representatives. His perspective is important at a time when health and human

services is one of the fastest-growing areas of state spending. Dr. Zerwas is past-president of the American Society of Anesthesiologists. More than a decade ago, Dr. Zerwas co-founded a Houston area group practice which recently became part of US Anesthesia Partners, and he remains active in the operations of the partnership. He has previously served as the President of the Memorial Hermann Health Network Providers and Chief Medical Officer of the Memorial Hermann Hospital System. John graduated from Bellaire High School in 1973, and in 1978, he married his late wife Cindy Hughes. After graduating from the University of Houston, he earned his Doctorate in Medicine at Baylor College of Medicine in 1980. John and his wife Sylvia reside in Richmond, and together have six children and six grandchildren: Isabella, Matthew, Dashel, Oliver, Beatrice, and Tinley.