

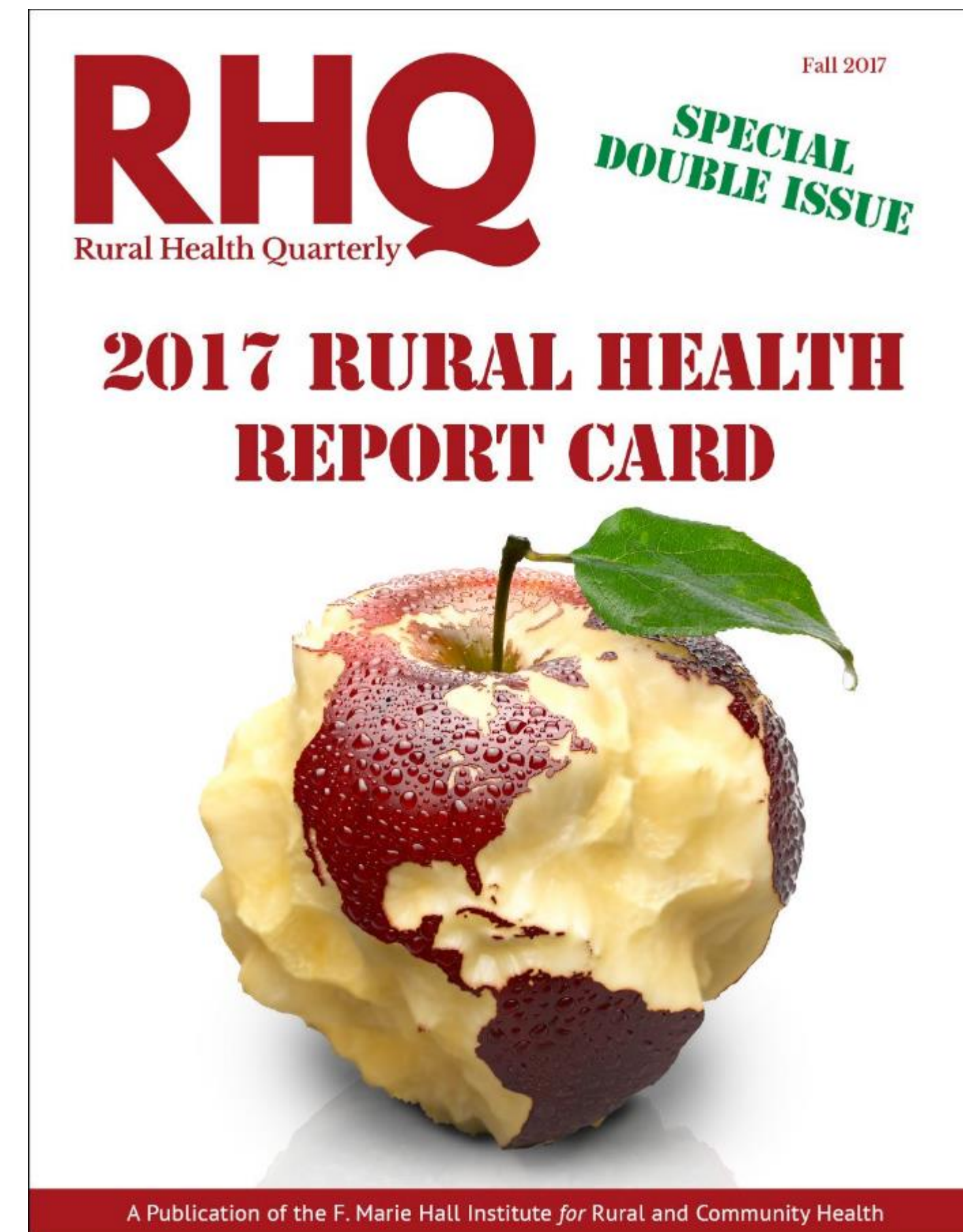
Rural Health Report Card – 2018 Preview

Healthier Texas Summit 2018 – “Rural Health: Challenges, Assets, and Opportunities”

- Scott Phillips, Editor in Chief,
Rural Health Quarterly

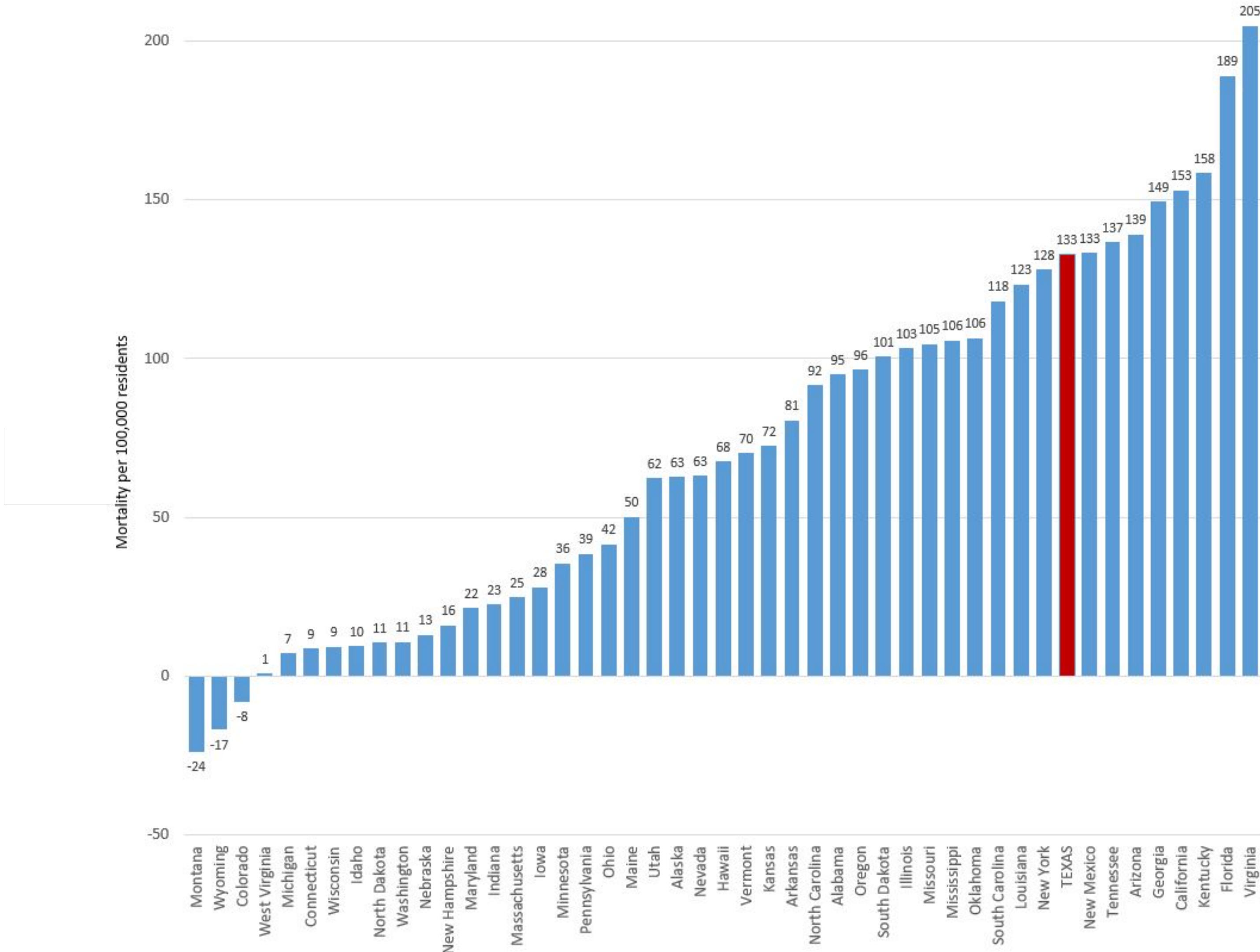
F. Marie Hall Institute for Rural and
Community Health, Texas Tech University
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U.S. Rural-Urban Difference

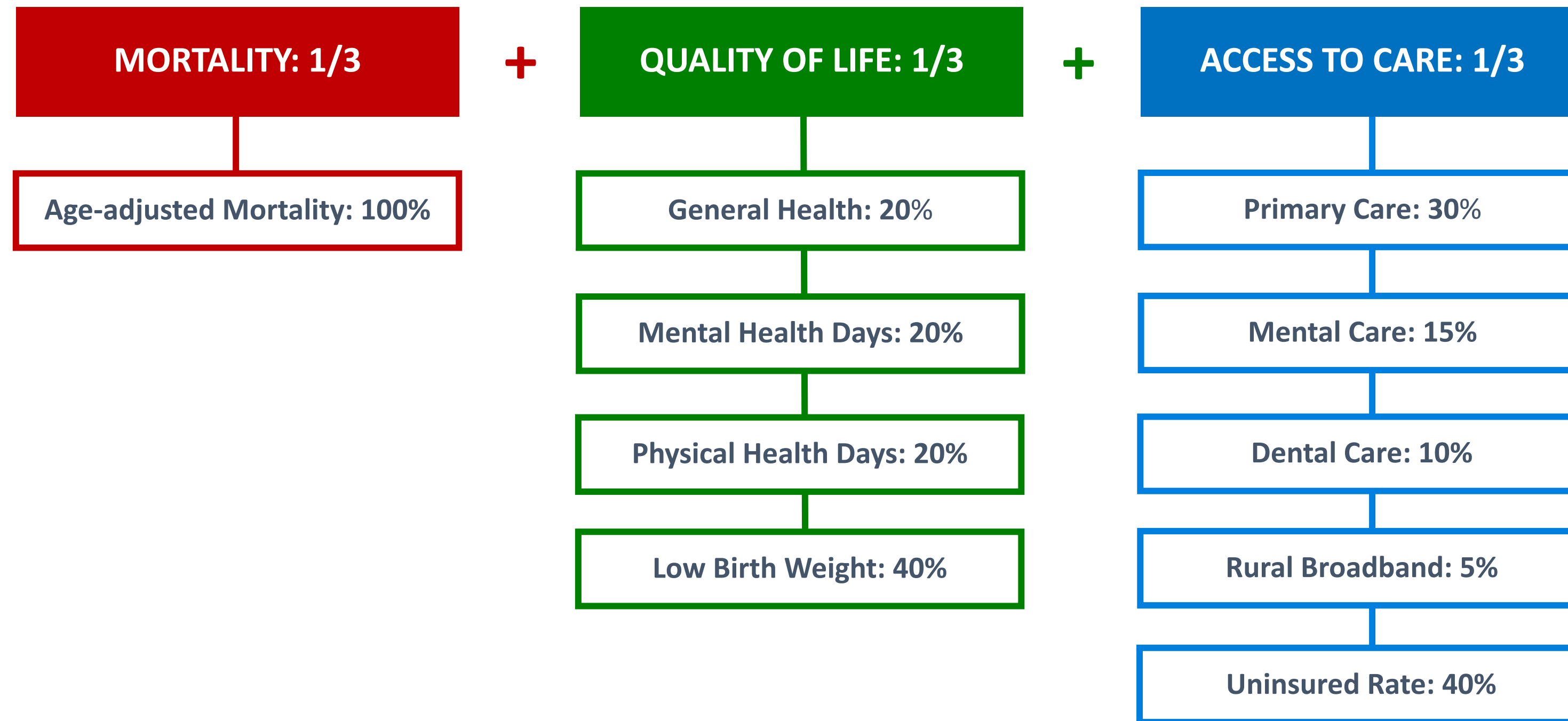
All-Cause Mortality, 2016 – Centers for Disease Control and Prevention (CDC)



Note: All states include at least one rural county as defined by USDA ERS Rural-Urban Continuum Codes. DE, RI, and NJ are excluded.

Rural Health Report Card Model

Three equal categories divided into 10 variables



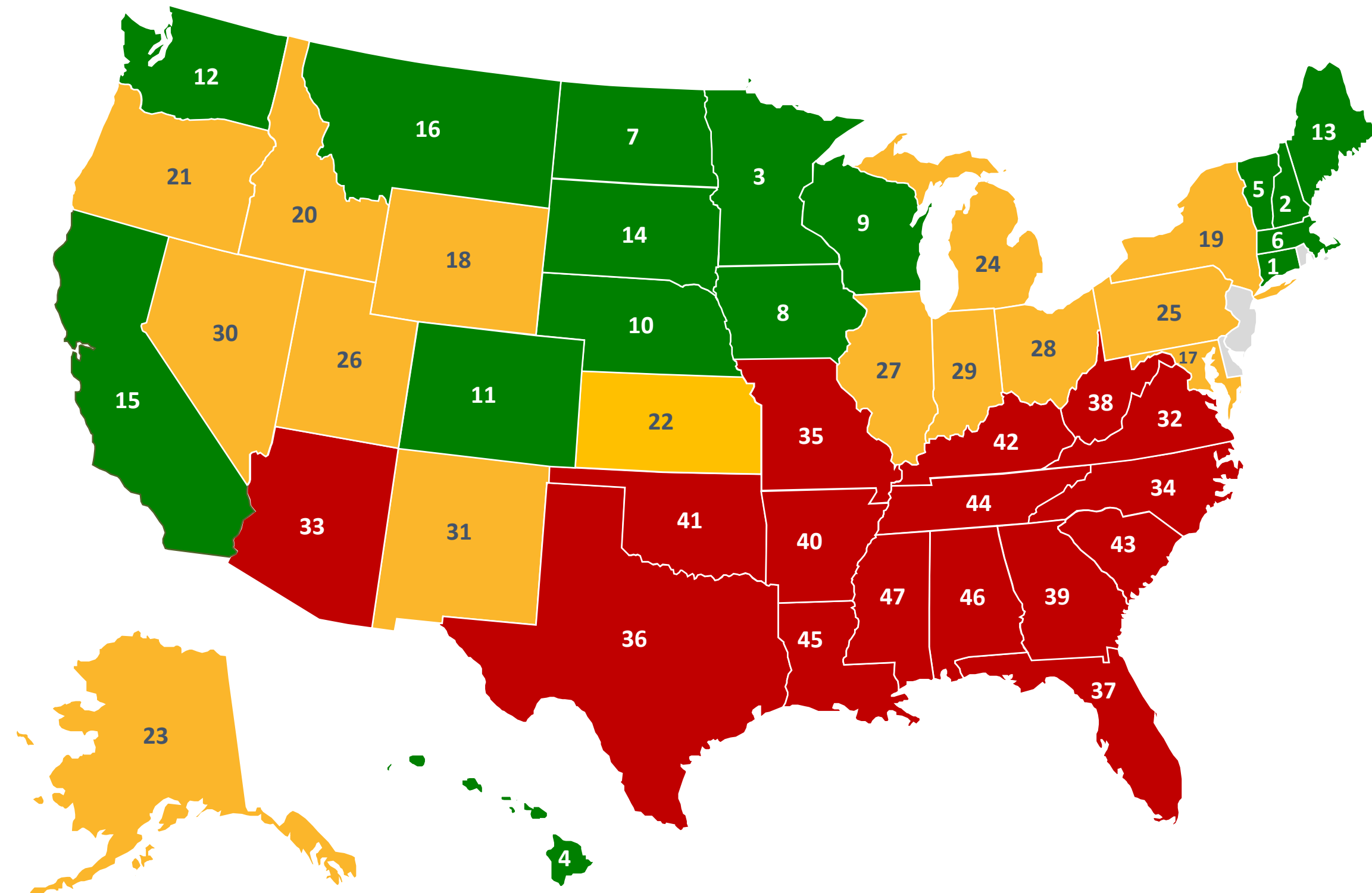
U.S. Rural Health Rankings

2018 Rural Health Report Card - State Ranks

Top Third
CT, NH, MN, HI, VT, MA, ND, IA, WI,
NE, CO, WA, ME, SD, CA, MT

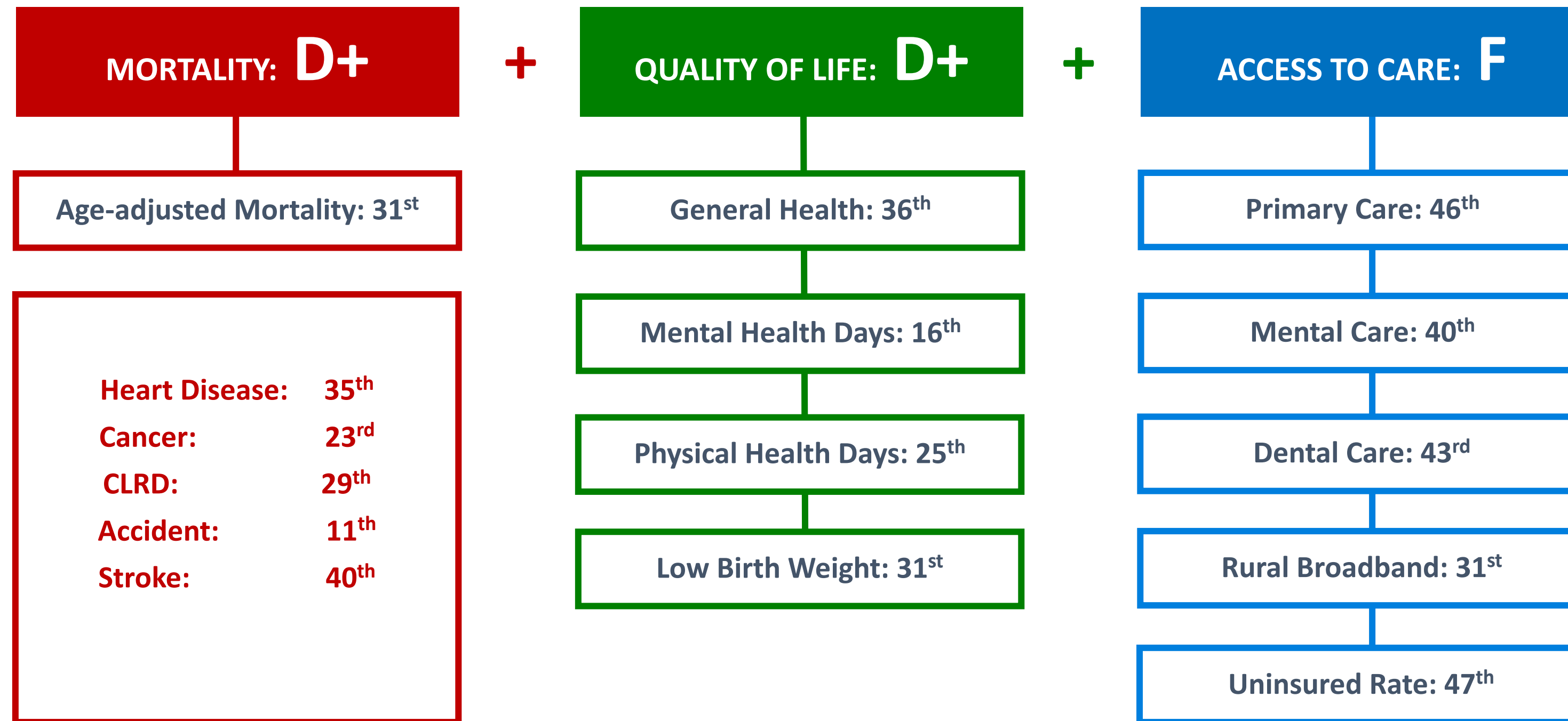
Middle Third
MD, WY, NY, ID, OR, KS, AK, MI, PA, UT,
IL, OH, IN, NV, NM

Bottom Third
VA, AZ, NC, MO, TX, FL, WV, GA, AR,
OK, KY, SC, TN, LA, AL, MS



Texas Rural Health Grade: **D-**

Texas ranks 36th for rural health out of 47 states in 2018



Data Sources

MORTALITY

Age-adjusted mortality	CDC Wonder	2016
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QUALITY OF LIFE

General health	Behavioral Risk Factor Surveillance System	2016
Poor physical health days	Behavioral Risk Factor Surveillance System	2016
Poor mental health days	Behavioral Risk Factor Surveillance System	2016
Low birth weight	National Center for Health Statistics	2010-2016

ACCESS TO CARE

Provider supply	Area Health Resources File (HRSA)	2015
Rural broadband	Federal Communications Commission	2016
Uninsured rate	Area Health Resources File (HRSA)	2015

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