




Sessions Schedule

This year, registration enables you to curate your own Healthier Texas Summit Series experience. You can register for as many events as you like, or focus on a few subject areas. For the most up-to-date session information, visit healthiertexassummit.com/schedule.

Thursday, Sep. 24 10:00 - 11:00 AM	<u>What's going on with our Mental Health in the face of a pandemic?</u>
Tuesday, Sep. 29 10:00 - 11:00 AM	<u>Cultural Competency: Courageous Conversations to Improve Health</u>
Tuesday, Oct. 6 10:00 - 11:00 AM	<u>Strengthening our Resilience</u>
Thursday, Oct. 8 10:00 - 11:30 AM	<u>Rural Community Health Practice Across Texas</u>
Tuesday, Oct. 13 10:00 - 11:30 AM	<u>Improving health & addressing food insecurity across Texas through partnerships</u>
Thursday, Oct. 22 10:00 - 11:00 AM	<u>Shaping the Future of Texas with Policy and Data</u>

*Check website for CEC availability for each session. Made possible by 

Keynote Address



Health Haves and Health Have Nots in a Time of COVID-19

Sandro Galea, a physician, epidemiologist, and author, is dean and Robert A. Knox Professor at Boston University School of Public Health. Dean Galea recently wrote *Well: What We Need to Talk About When We Talk About Health*, where he examines healthcare in America and what factors play a role in who is well and unwell.

9am — 10am CST
October 29, 2020

[Keynote Registration Here](#)

Presented By



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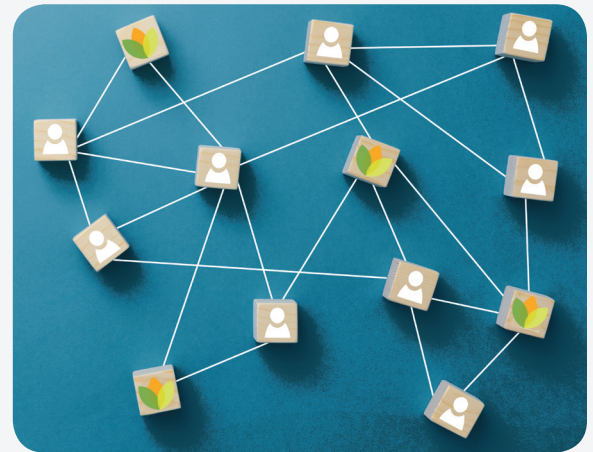


This material was funded by USDA's Supplemental Nutrition Assistance Program -- SNAP. This institution is an equal opportunity provider. To receive assistance purchasing healthy foods, sign up for SNAP benefits at: yourtexasbenefits.com.



Networking at the Healthier Summit Series

This year at the Healthier Texas Summit Series, we are hosting a variety of online networking opportunities to engage with other health professionals and foster collaboration. With each event you attend, we hope you make new connections, spark conversations, and create new opportunities.






Networking Schedule

These in-depth virtual networking sessions and quick coffee chats offer professionals a space to have dialogue on timely topics and discuss collaborative solutions.

Thursday, Oct. 1 10am-11:30	<u>Community Health Workers: Finding Innovative Ways to Move Forward</u>	Presented by  Texas Association of Promoters & Community Health Workers
Wednesday, Oct. 7 10:00-10:45	<u>Coffee Chat: Strategies to Inspire Nutritious Food Choices in a Digital Age</u>	Presented by  BEEF LOVING TEXANS TEXAS BEEF COUNCIL
Thursday, Oct. 15 10:00-11:30am	<u>Health Literacy: Let's Make Information Accessible for Everyone!</u>	Presented by  hsc SaferCare Texas
Tuesday, Oct. 27 10:00-11:30am	<u>Diabetes & Obesity Prevention</u>	Presented by  novo nordisk

Facebook Live Events

These quick, bilingual chats provide helpful information to community organizations and members looking for assistance or support around utilizing Texas benefits or maintaining healthy habits.

Tuesday, Oct. 20 12:00 - 12:30 PM	<u>How It's Time Texas Promotes Health in a Virtual New World</u>	Presented by  LIVING HEALTHIER <small>HOSTED BY IT'S TIME TEXAS</small>
Wednesday, Oct. 21 12:00 - 12:30 PM	<u>Is your Web Lit Legit?</u>	Presented by  hsc SaferCare Texas
Tuesday, Oct. 27 12:00 - 12:30 PM	<u>Quick, Satisfying Meals that Won't Break the Bank</u>	Presented by  BEEF LOVING TEXANS TEXAS BEEF COUNCIL